

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Nurse-patient Relationship**

Learning Goals/Outcomes	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Describe how the nurse uses the necessary components involved in building and enhancing the nurse-patient relationship (trust, genuineness, empathy, acceptance, and positive regard). • Describe the importance of self-awareness and therapeutic use of self in the nurse-patient relationship. • Differentiate the differences between social, intimate, and therapeutic relationships. • Describe and implement the phases of the nurse-patient relationship as outlined by Hildegard Peplau. • Explain the negative behaviors that can hinder or diminish the nurse-patient relationship. • Describe boundaries in the nurse-patient relationship. • Describe the goals of therapeutic communication. • Differentiate between therapeutic communication and nontherapeutic communication. • Apply principles of therapeutic communication in patient interactions. • Identify the roles that physical health and biologic makeup play in a patient's emotional responses. • Obtain and organize psychosocial assessment data to use as a basis for developing a nursing plan of care. • Describe various cultural beliefs and practices that can affect the nurse-patient relationship. 	
Pre-Class Preparation	
<p>Required:</p> <ul style="list-style-type: none"> • Varcarolis 4th edition: Ch. 7: p. 75-88; Ch. 8: p. 89-103; Ch. 9: 104-118 • HESI Comprehensive Review for the NCLEX-RN Examination 	
Learning Activities	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture with PowerPoint <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Care of the patient with a mental health disorder in the clinical setting 	
Evaluation Methods	
<ul style="list-style-type: none"> • Exams • HESI PMH Exam • Clinical performance/evaluation 	
<i>Texas DEC's</i>	<i>QSEN Competency (s)</i>
<p>Knowledge: II.B.3; II.C.1a&b; II.C.1a&b; II.E.2; III.B.1b; IV.D.2 Clinical Judgments & Behaviors: I.B.1 & 3.a& b; II.B.1; II.E. 9; III.B.9;</p>	<p>Patient Centered Care; EBP; Safety; Informatics</p>
<i>Instructional Module 6 Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
<p style="text-align: center;">1 & 2</p>	<p>Psychosocial Integrity: Therapeutic Communication and Therapeutic Environment, Cultural Awareness & Influences on Health</p>
<i>Concepts</i>	<i>Faculty</i>
<p>Communication & Interpersonal Relationships</p>	<p>Annie Harrison DNP, MSN, RN PMH-BC</p>
<p>Date originated: 11/2/15</p>	<p>Revision Dates: 7/20/16; 12/12/16; 12/5/17; 12/17/19; 12/3/20; 7/19/21; 1/10/22; 6/30/22; 1/25/23</p>

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