

## Guided Reflection Questions for Medical Case 2: Jennifer Hoffman

### Opening Questions

How did the scenario make you feel?

The scenario made me nervous but ready to act fast to adequately care for my patient before their status worsened.

### Scenario Analysis Questions\*

**PCC** What assessment findings would indicate that the patient's condition is worsening?  
If my patient was worsening I would expect a decreased LOC and a decrease in vital signs such as oxygen saturation.

**PCC** When a patient develops a rapid onset of shortness of breath, what are the nurse's immediate priorities?

With a rapid onset of SOB, I would make sure there is an open airway present. I would also continue to monitor my patient's oxygen saturation.

**PCC/I** Review Jennifer Hoffman's laboratory results. Identify which results are abnormal and discuss how this relates to her clinical presentation and the disease process.

There were no labs for me to review so the only thing I could base my care on would be her clinical presentation. Vital signs and a respiratory assessment would be how I identify these problems.

### Concluding Questions

What communication techniques are important for an extremely anxious patient who is having difficulty breathing?

The main technique I would use to help calm down an anxious patient would be to let them know what I am doing. To educate them on every step I am doing. I would also speak in a calm voice.

What patient teaching priorities would be important for the patient who has experienced an acute exacerbation of asthma?

A teaching priority would be to know what to do when they are having an exacerbation and how critical it is to carry their medication.

What discharge instructions regarding home medications would you provide the patient related to medications to use to alleviate symptoms of an acute asthma attack?

Discharge planning I would recommend to do their routine breathing treatments and keep their emergency medications on hand when they feel an attack coming on.

What resources would you recommend for the patient experiencing asthma?

Resources I would recommend would be a respiratory consult.

What is the importance of the asthma action plan in managing the care of a patient with asthma?

The importance of an asthma action plan is so that the patient and the healthcare team know exactly how to treat this same situation if this were to happen again.

What would you do differently if you were to repeat this scenario? How would your patient care change?

If I was to repeat this scenario I would auscultate the patient's lungs more frequently to see if there are any changes.

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\* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*