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Guided Reflection Questions for Medical Case 2: Jennifer Hoffman

Opening Questions

How did the scenario make you feel?

This scenario went okay and I felt confident after running through it a few times.

Scenario Analysis Questions*

PCC What assessment findings would indicate that the patient's condition is worsening?

If the patient's O₂ did not get above 92% and if an ABG came back as Resp. Acidosis.

PCC When a patient develops a rapid onset of shortness of breath, what are the nurse's immediate priorities?

The nurse should keep the air open and make sure to keep O₂ as high as possible. Make sure HOB is raised and help the patient to remain calm.

PCC/I Review Jennifer Hoffman's laboratory results. Identify which results are abnormal and discuss how this relates to her clinical presentation and the disease process.

O₂ was 78 and HR 130s

Concluding Questions

What communication techniques are important for an extremely anxious patient who is having difficulty breathing?

You need to remain calm so that you don't scare them even more. Talk to them and let them know you are doing everything you can to help them.

What patient teaching priorities would be important for the patient who has experienced an acute exacerbation of asthma?

Give good medication teaching over asthma meds such as Albuterol. Also, teach on possible triggers that can cause asthma attacks.

What discharge instructions regarding home medications would you provide the patient related to medications to use to alleviate symptoms of an acute asthma attack?

I would make sure patient understands what meds to take and how to take them. I would teach the importance of follow up appointments as well.

What resources would you recommend for the patient experiencing asthma?

Home Health, websites on asthma, keep follow up appointments and take meds as prescribed

What is the importance of the asthma action plan in managing the care of a patient with asthma?

To reduce or prevent flare ups and ED visits. It will also help the patient to be able to do normal everyday activities without suffering from asthma symptoms

What would you do differently if you were to repeat this scenario? How would your patient care change?

I would be sure to administer meds according to the drs. orders. Patient care would stay the same.

** The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*