

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Antepartum Nursing

Learning Goals, Outcomes

Upon completion of this lesson, you will be able to:

- Examine the physiologic and psychological changes during pregnancy
- Compute gravida, para, and estimated date of delivery
- Differentiate presumptive, probable, and positive signs of pregnancy
- Relate the common discomforts of pregnancy and measures to prevent or relieve them
- Describe the preconception, initial, and subsequent prenatal assessments
- Describe the various types of education for the childbearing family
- Explain the importance of adequate nutrition, weight gain, and nutritional risk factors during pregnancy
- Consider variables that influence adaptation to pregnancy for the childbearing family
- Discuss the impact intimate partner violence has on pregnancy outcomes

Pre-Class Preparation

Required:

- Foundations of Maternal-Newborn and Women's Health Nursing 7th Edition
Chapter 2: Social, Ethical and Legal Issues - Intimate partner violence and Human Trafficking pgs. 29-34
Chapter 6: Maternal Adaptation to Pregnancy pgs. 100-126
Chapter 7: Antepartum Assessment, Care and Education pgs. 127-153
Chapter 8: Nutrition for Childbearing pgs. 154-170
Chapter 15: Nursing Procedure 15.1 Leopold's Maneuvers pgs.383-384
- HESI Comprehensive Review for the NCLEX-RN Examination (6th ed): Ch. 6. Antepartum Nursing Care: Activities during First & Subsequent Prenatal Visits pp. 247-249, Psychosocial Responses to Pregnancy pg. 247 and Nutrition pp. 250
- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete the skills test
Admission Assessment: Obstetric Patient
Leopold's maneuvers

Additional Resources:

- American Pregnancy Association website-<http://americanpregnancy.org>

Learning Activities

Classroom Activities:

- Lecture
- Discussion
- Videos
- Unfolding Case Studies

Laboratory and Clinical Activities:

- OB Clinical/Community Rotations
- OB Skills Deliberate Practice Lab

Out of Classroom Work

- HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection – review and complete the skills test
Admission Assessment: Obstetric Patient
Leopold's Maneuver

Evaluation Methods

- HESI Proctored Exam
- Clinical Performance Evaluation
- Unit 2 Exam

Texas DECs	QSEN Competencies
Knowledge IA 1a-c, 2, 3, 4 IB 1a-e, 2a-b, 3, 4, 7a-c, IC 1, 2, 3, 4 5a, ID 1, 3, 4, 5 IIA 1a-b, 2a-c, 3, 4, IIB 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, IIC 1a-b, 3, 4a-b, 5, 6, 7, 8, IID 1a-e, 2, 3a-b, 4a, 5a-b, IIE 1a-d, 2, 3a-b, 4a-b, 5, 6a-b, 7, 8, 9, 11a-b, 12, 13, IIF2, IIG 1a-b, 2a-b, 3a-b, IIH 3a&c IIIA 2, 3, IIIB 1a-c, 2, 3a, IVA 1a-b, 4a, IVB 1a-b, 2a-b, 4, IVC 1, 3, 4a-b, 5, 6, Clinical Judgement and Behaviors IA 1, 2, 3 a-b, IB 1, 2a-c, 3a-c, 4a, 5a & c, 6b-c, 7, 8, 9, 10, IC 1, 2, 3c, 4, 5, 6a-b IIA 1, 2, IIB1, 2, 3a & b, 4, 5, 6, 7, 8, 9a-b, IIC1, 2, 3a, 4, 5, 6, 7, IID 1, 2a-d, 3b, IIE 1, 2a-c, 3a-b, 4, 5a-b, 6a-d, 7a-c, 8, 9, 10, 11, 12a-b, 13, IIF1a-c, 2a-b, 3a-b, 4, 5a-c, 6, IIG1, 2a-b, 3, 4, 5a-b, 6, 7, IIH3, 6, IIIA 3, 4, IIIB 1a-c, 3a-c, 4, 5, IIIC1, 2a, IVA 1, 2a-b, 3, IVB 1a-b, 2, 3a-c, 5a-b, IVC 1a-c, 2a-b, 3a-b, 4.	Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics
IM Student Learning Outcomes	NCLEX Test Plan
1/2/3/4/5/6/7/8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development	Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A
Date originated: 6/29/15	Revision Dates: 11/15/15, 5/26/16, 12/1/16, 11/27/17, 5/4/18, 12/4/18, 6/27/19, 12/11/19, 1/25/21, 5/21/21, 1/14/22, 7/30/22, 1/19/23