Destiny Perez

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel? I felt good at the beginning. I was following the doctors' orders and doing what needed to be done. After I gave the antibiotic and he had a reaction, I started to get stressed. It is hard especially since I am having to click through all these buttons/folders to find a 'solution' to the issue. It was fine though because It reminded me to stay calm and focus on the interventions one step at a time.

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction? A lot of respiratory s/s. He couldn't breathe and said his throat was closing in as well as oxygen saturation decreasing. Tachycardia and increased respirations.

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reaction.
Mild- local s/s : hives, rashes, pruritus, watery eyes, runny nose
Moderate- hives, pruritus, dyspnea, swelling
Severe- systemic and life threatening. Throat swelling, dysphagia, severe pruritus, pain, vomiting, dizziness.

EBP/S Discuss the importance of follow-up assessments post-reaction. It is important to assess the patient and make sure the medications/interventions helped and how their body is doing. The reaction could ultimately lead to death so making sure the patient is doing well respiratory wise especially is vital. The body could have a delayed reaction as well so just making sure everything is helping your patient return to their normal baseline.

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address? Documentation of the reaction/allergy of the medication and how the patient reacted.

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside. I would let them know he is having a reaction and we are doing everything we can to help them. Calm them and if they are getting in the way of care then have someone escort them out of the room.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress? I would do the same steps as previously but knowing where everything is at helps reduce the stress. I was getting stressed because I was not sure where the 'interventions' we at. I would be faster and more confident in where/what to do.

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How could you prepare for clinical to anticipate potential patient emergencies? I would make sure to address the allergies, monitor the patients very closely after they get a medication, and just address the situation confidently.

** The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: http://qsen.org/*

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