

Guided Reflection Questions for Surgical Case 2: Stan Checketts

Opening Questions

How did the scenario make you feel? I felt good and I knew what needed to be done when I started going through the scenario.

Scenario Analysis Questions*

- PCC/EBP/S** When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration? Poor skin turgor, dry mucosa, thirsty, tachycardia, dry skin, dark urine, weak, and tired.
- EBP/QI** Discuss signs and symptoms of hypovolemic shock. Tachycardia, cool clammy skin, pale, weak, confusion, anxiety, rapid breathing.
- PCC/EBP** Discuss assessment and expected findings in a small bowel obstruction. Cramping, tenderness, inability to pass gas or have a bowel movement, hyperactive sounds, increased respirations, tachycardia.
- PCC/S/I/EBP** What key questions does the nurse ask in an acute abdominal pain assessment? Where does it hurt? What does it feel like? Present/past illnesses, What makes it better/worse?, pain scale, When did the pain start and how long?, does the pain radiate?
- PCC/EBP/S** In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find? Abnormal : sodium, urine nitrogen, creatine, hemoglobin, hematocrit, wbc.
- PCC/EBP/S** Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube? Xray
- T&C/EBP/S/PCC** What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format. Stan checketts a 52y/o male, came in with severe abdominal pain and n/v for the last couple of days. He presents with abdomen distended and tender. S/S of dehydration; poor skin turgor and dry mucus membranes. He has not urinated since yesterday. Reports feeling dizzy and weak.

Concluding Questions

What would you do differently if you were to repeat this scenario? How would your patient care change?

I would have done my assessments in a different order the next time. I was unorganized in the aspect of I couldn't multitask. My patient care would not change because I took care of them the way they needed to be cared for.

Destiny Perez

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*