

## Meredith Edwards

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Guided Reflection Questions for Medical Case 1: Kenneth Bronson

### Opening Questions

How did the scenario make you feel?

It made me feel anxious and unsure of some of the interventions I was doing but overall ended well with an 87% on my first try. It showed me that I have learned a lot in the past year and half, but also have a lot to still learn.

### Scenario Analysis Questions\*

**PCC, EBP** What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

Kenneth reported that his chest is tight and that he was having trouble breathing. Kenneth's breath sounds became auditory without auscultation to his chest and he was retracting as he was breathing. Also, this reaction occurred right after the antibiotic was pushed through the IV.

**PCC, EBP** Discuss the differences between mild, moderate, and severe anaphylactic reactions. Mild anaphylaxis symptoms are runny nose, skin rash and a "strange feeling". Moderate anaphylaxis is swelling of the lips, hives, welts, tingling in the mouth, and possible vomiting. Severe anaphylaxis is constriction of the airway, weak and rapid pulse, low blood pressure dizziness and fainting.

**EBP/S** Discuss the importance of follow-up assessments post-reaction.

The importance of post reaction assessments is to assess if your interventions have helped the patient and rate improvements in their physical or mental condition.

### Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

He should be educated on his allergic reaction and know that this needs to be reported any time he is having any medical intervention. He will need to follow up about an epi-pen and how to use this pen. His smoking needs to be addressed and how he can address smoking cessation.

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

I would calmly and politely explain that their loved one was having an anaphylactic response and

we will do everything we can to reverse this reaction. I would ask them to please step out of

the room while we were intervening to give the medical staff space to work.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

I would have paid more attention to the physician's order of a ECG leads being placed and been more aggressive with oxygen intervention, instead of a simply mask as my second intervention I would have used a non-rebreather next.

How could you prepare for clinical to anticipate potential patient emergencies?

It is important to get report from the prior nurse, review their record, verify name/DOB, verify allergies, and have the needed equipment in the patient's room.

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*\* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*