

Guided Reflection Questions for Surgical Case 2: Stan Checketts

Opening Questions

How did the scenario make you feel?

I felt pretty confident in this scenario.

Scenario Analysis Questions*

PCC/EBP/S When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration?

Skin turgor, dry skin/mucous membranes, thirsty, decreased urine output, weakness, tiredness

EBP/QI Discuss signs and symptoms of hypovolemic shock.

Tachycardia, SOB, decreased LOC, low Bp, cool clammy skin

PCC/EBP Discuss assessment and expected findings in a small bowel obstruction.

Abdominal cramping and tenderness, not passing gas or being able to have a bowel movement,

PCC/S/I/EBP What key questions does the nurse ask in an acute abdominal pain assessment?

When is the last time you had a bowel movement?

How was it? Hard, soft, pebbles?

Where is the pain and is it in one spot or does it radiate?

What would you rate the pain?

How long have you had the pain?

PCC/EBP/S In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find?

Na, urea nitrogen, creatinine. Hemoglobin, hematocrit, and wbc

PCC/EBP/S Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube?

Xray

T&C/EBP/S/PCC What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.

Stephanie Nelms

52 year old male, severe abd pain with N/V for the past few days, Abd distended and tender, NG tube placed, and S/S of dehydration and decreased urine output

Concluding Questions

What would you do differently if you were to repeat this scenario? How would your patient care change?

I think I did a good job, so I ma not sure what I would have changed.

** The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*