

Poverty and Ace Online Activity

If I have learned anything from the YouTube videos assigned, is that you start to form every personality trait, and perception of the world as soon as you first open your eyes. I feel as though we brush over so much of what happens during childhood development that we are stunting the growth of so many children. I feel as though there is a stigma that no one's life is fair or perfect, so we don't believe that what happens during childhood has long term effects on our health. I learned from the TED talk that the increased amount of stress hormones that you experience through childhood adversity have a long term lasting effect into adulthood. As a nurse I hope to be aware enough of the signs and symptoms of childhood adversity to be able to prevent that child growing up into a sickness riddled adulthood. I think as a nation we need to start believing that this is not just a household issue, or a local issue. Childhood adversities have a domino effect throughout the nation, including health problems, poverty, and even substance abuse. I believe as healthcare workers we have the power to make a change, using patient education and acknowledging the signs that a child is experiencing adversity.

I also learned that the child poverty levels in America are out of control, it does not seem fair that children should have to live in poverty when they didn't even ask to be part of this world. It goes to show that there are a lot of oblivion to what the children in America are living with. You wouldn't know that while you were in school there were so many kids right next to living in poverty. The entire social systems in America are beyond corrupt and I feel as though sometimes it is incredibly hopeless. I just hope as a nurse I will be able to make some kind of difference or change in the way things are dealt with. I hope to be able to inform my patients and their families about programs that will be able to aid them in their time of need.