

By watching these videos, it is very clear that one of the major problems we face within the United States, is a mass amount of people being homeless. Our economy has been a very big mess that leads to people being incapable of living a life in which they have the proper necessities everyone should own to live day by day. I learned that there are many people that suffer from poverty who won't ask for help, because they are either afraid of possible consequences they may endure or there aren't any options available to them. It was clear that the children involved have had to come to terms with their new ways of life, whether that be living in a hotel or in their cars, causing them to live an unstable life in which they have to grow up quickly and worry about things children shouldn't focus on. When it comes to Adverse Childhood Experiences (ACEs) it was very clear in stating that what happens to a child from when they're born as they're growing, affects how they will act as adults and how their children could too be affected. I understood that if a child is brought up with a supportive family, it would prevent many possible negative outcomes from occurring. However, if a child was raised in a household in which they experienced neglect, abuse (emotional, physical, sexual), parents with mental health issues, addiction or poverty, it would most likely lead to them having health issues as they grow. By seeing these videos and understanding just how much a person's childhood affects the future, it makes me realize there are plenty of things as a nurse I could do to help. Things I can do would be to never assume a child is living in a healthy environment and make sure I ask the appropriate questions to determine their situations. As nurses we can make sure that our patient is getting the proper care while in the hospital as well as at home. We can help them by providing programs that can support children as well as their caregivers, to ensure the parents are capable of properly caring for their children and giving them the love and comfort that they need. By doing so, this will help us keep the children from developing ACE's as well as determining that they're living in a safe environment. It would be our job to make sure they are receiving these things, because it is clear that parents are scared to confess that they are struggling, and in the end it will majorly affect the children's lives in the future. So, whatever

resources we can provide for the family would be highly beneficial and likely lead to a better outcome for the children as well as the parents to make great attempts to breaking the cycle.