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### Poverty/ACEs Online Activities

While watching the poverty/ACE video I have realized that a lot of these children that faced poverty were never ungrateful but more embarrassed. These kids dealt with a lot of adversity that most people including myself never had to deal with. These kids were a lot more grateful than children are these days. In the "Families living in cars" video shows that there are a lot more people living in poverty than we think. According to the video, at least two-thirds of homeless people live in the streets. This video also showed me how strong parents chose to be for their children. For example, one mother broke down in front of reporters and the reporter knew she had been strong for her family. The mother also expressed how much she felt of a let down to her children. Personally, as a future registered nurse this really opens my eyes to treat all people the same no matter what and how they appear. As a future nurse, this also shows me the hardships these parents go through with their kids and coming to the hospital may be a time these families actually have in an area with four walls. In the video, "How Childhood Trauma Affects Health Across a Lifetime," the speaker, Nadine, talks about seeing clients regardless of the ability to pay which really stood out to me because she goes on to say she was still meeting numbers. This makes me realize she did all she could to help children. In the same video, adverse childhood experience is explained thoroughly. ACEs are strongly correlated with health outcomes because they are common, but also the higher the ACE score the more health problems are correlated. This makes me be more open minded to children who deal with trauma. The science I this makes it very understood how ACEs affect the development of brains of children. I had no idea this was a problem faced.

