

After getting the opportunity to look at life differently through these videos, it has opened my eyes to a whole other way of life. Watching these videos and seeing what these kids and their families have to go through is definitely heartbreaking. I have always seen homeless people around the area that I live in, but I never realized just exactly what they go through on a daily basis. I have always shared a big place in my heart for the homeless and I try to help where I can.

One of the videos in particular really touched my heart. At the beginning of the 60 minutes video, they started out by talking to a couple of kids that live in a truck and I thought that they were going to say so many negative things and talk about how embarrassed they were, but it was the complete opposite. The young girl states, "It's not much of an embarrassment, I mean it's only life. You do what you need to do, right?". To know how young she is and how mature she is blows my mind. Most kids would definitely focus on the negative side of things, but she has a positive mindset throughout the whole video & has goals of being a defense lawyer. I wouldn't have that kind of mindset if I was in their situation, so to know how bad life can get, it shouldn't keep you from reaching where you want to be in life. That in itself is motivating.

Just when I thought my life was hard, watching these videos has opened up my heart and mind because I stress about so much in life and I think that my life is the worst, but in all reality, life isn't too bad. I am not worried about where my next meal is coming from or even if I get another meal for that day. The families and children in these videos are going through so many struggles, but yet they are all still so positive and to me, that is crazy. It has changed the way that I think for the better.

It is always good to open up your mind to different views because you can grow so much from it. I believe that this will make my nursing practice better because it has made me want to do even more for the people I take care of without even knowing their background. At the end of the day, everyone deserves to be treated with the same love, compassion, and respect, just as much as the next no matter their situation or what their financial status is. I know my purpose in life is to take care of other people despite what characteristics that person may carry. I know how I would want to be treated and I will give that same respect back to those that I take care of; that is without judgement, without hate, without shame, but with a whole and loving heart regardless.