

**Covenant School of Nursing Instructional Module (LVN)**  
**SIMULATION LEARNING GUIDE**

**Topic/Concept: PMH Simulation – Hearing Voices that are Distressing (HVD)**

| <b>Needs Analysis Documentation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <ul style="list-style-type: none"><li>Students have limited PMH clinical experience and may not have the opportunity to assist in the care of a PMH patient in an acute setting.</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Learning Goals/Outcomes</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>Upon completion of this simulation learning activity, you will be able to:</p> <ul style="list-style-type: none"><li>Experience what it might be like to hear auditory hallucinations which manifest as voices while performing routine activities such as computation, reading, communicating with others</li><li>Discuss the experience of hearing voices and how it affects your ability to think and process information</li><li>Identify how the HVD simulation experience is like a lived experience of auditory hallucinations</li><li>Reflect on how the HVD simulation experience could influence your therapeutic interactions with people who experience auditory hallucinations</li><li>Discuss the communication and other interpersonal skills that you could use when interacting with people who are actively experiencing auditory hallucinations</li><li>Discuss the relationship between empathy, person-centered care and therapeutic communication for people who experience auditory hallucinations</li><li>Discuss the implications regarding safety for persons who have experience auditory hallucinations</li><li>Reflect on how your own experiences, perspectives and biases might influence the care provided to people who experience auditory hallucinations</li></ul> |
| <b>Scenario(s) Used</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <ul style="list-style-type: none"><li>Hearing Voices That Are Distressing</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Schedule of Activities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <ul style="list-style-type: none"><li>Pre-briefing</li><li>View video: Hearing Voices that are Distressing</li><li>HVD Simulation</li><li>Debriefing</li><li>Reflection</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Pre-Simulation Learning Activity Preparation (Pre-Briefing)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <p>Lecture(s)</p> <ul style="list-style-type: none"><li>Nurse/patient relationship</li><li>Schizophrenia</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Simulation Learning Activities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <p>Simulation Activities:</p> <ul style="list-style-type: none"><li>Orientation to lesson</li><li>Prebriefing<ul style="list-style-type: none"><li>Introduction</li><li>Video</li></ul></li><li>Scenario – Audio HVD program</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| <ul style="list-style-type: none"> <li>o Individual activities</li> <li>o Interactive activities</li> <li>• Debriefing <ul style="list-style-type: none"> <li>o in-class discussion</li> </ul> </li> </ul> <p>Online/Out-of-Class:</p> <ul style="list-style-type: none"> <li>• HVD Simulation Reflection</li> </ul> |                                                  |
| <b>Evaluation Methods (Debriefing)</b>                                                                                                                                                                                                                                                                               |                                                  |
| <ul style="list-style-type: none"> <li>• Post-SLA Survey in Red Cap</li> <li>• HVD reflection</li> </ul>                                                                                                                                                                                                             |                                                  |
| <b>Time Allotted</b>                                                                                                                                                                                                                                                                                                 | <b>PMH Simulation: HVD</b>                       |
| 0.5 hours                                                                                                                                                                                                                                                                                                            | Orientation                                      |
| 1.0 hours                                                                                                                                                                                                                                                                                                            | Prebriefing                                      |
| 1.0 hours                                                                                                                                                                                                                                                                                                            | HVD scenario: Individual activities              |
| 0.5 hours                                                                                                                                                                                                                                                                                                            | HVD scenarion: Peer-to-peer interactive activity |
| 1.0 hours                                                                                                                                                                                                                                                                                                            | Debriefing                                       |
| 1.0 hours (out of class)                                                                                                                                                                                                                                                                                             | Reflection                                       |
| 5.00 hours                                                                                                                                                                                                                                                                                                           |                                                  |

| <b>Texas DECs</b>                                                                                                                                                                                                                                                                                                       | <b>QSEN Competencies</b>                                                                                                                                                                                     |
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| <ul style="list-style-type: none"> <li>• Knowledge</li> <li>• Provider of patient centered care</li> <li>• Patient safety advocate</li> <li>• Clinical Judgement</li> </ul>                                                                                                                                             | <ul style="list-style-type: none"> <li>• Patient Centered Care</li> <li>• Teamwork &amp; Collaboration</li> <li>• Evidence Based Practice</li> <li>• Safety</li> </ul>                                       |
| <b>IM Student Learning Outcomes</b>                                                                                                                                                                                                                                                                                     | <b>NCLEX Test Plan</b>                                                                                                                                                                                       |
| <ul style="list-style-type: none"> <li>• Assessment &amp; Intervention</li> <li>• Communication</li> <li>• Critical Thinking</li> <li>• Human Caring &amp; Relationship</li> <li>• Knowledge Integration</li> </ul>                                                                                                     | <ul style="list-style-type: none"> <li>• Safe &amp; Effective Care Environment</li> <li>• Health Promotion &amp; Maintenance</li> <li>• Psychosocial Integrity</li> <li>• Physiological Integrity</li> </ul> |
| <b>Concepts</b>                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                              |
| <ul style="list-style-type: none"> <li>• Clinical Judgment</li> <li>• Communication</li> <li>• Patient Education</li> <li>• Professionalism</li> <li>• Teamwork and Collaboration</li> <li>• Evidence-based Practice</li> <li>• Leadership and Management</li> <li>• Patient-centered Care</li> <li>• Safety</li> </ul> |                                                                                                                                                                                                              |
| <b>Date originated:</b> <b>01/03/2023</b>                                                                                                                                                                                                                                                                               | <b>Revision Dates:</b>                                                                                                                                                                                       |

*Instructional Module (LVN-RN) Simulation Learning Guide      Topic: PMH Simulation (HVD)*  
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*CSON SIMULATION Learning Guide (adopted by Faculty vote) – REV*