

LGBTQ+ Online Activities

*Of all the forms of inequality, injustice in healthcare is the most shocking and inhumane.
Dr. Martin Luther King, Jr.*

Student Learning Outcomes:

- Examine specialty populations in the community including LGBT.

Complete the following online activities related to Gender & Sexual Diversity which is a growing population in Pediatrics. We have approximately 158,500 LGB Youth between ages 13-17 in Texas, along with an additional 13,800 Transgender Youth in Texas.

According to the Texas Nurses Association, Rule 217.11 Standards Specific to Registered Nurses, we are to “Provide, without discrimination, nursing services regardless of age, disability, economic status, gender, national origin, race, religion, health problems, or sexual orientation of the client served.

Remember that we all have “Implicit Bias” which is reflective of our attitudes (positive and/or negative) or stereotypes towards people, things, or groups that can affect our understanding, actions, and decisions in an unconscious manner.

As a health care professional, we must respect our patient’s/client’s choices, whether or not we understand or agree – they are the expert of their life.

Self-reflection allows us to understand our own belief systems, the assumptions that ground those beliefs, and how those assumptions and belief systems impact interactions with our patients/clients.

Complete the Gender Diversity Terminology Quiz. Answers are provided for you to evaluate your knowledge level after you have completed the quiz (you do not need to email the quiz to Mrs. White). (20 minutes)

There are also two additional forms for you to review – “Terminology for Discussing Gender” which will give you additional terminology and “Tips for an Inclusive Registration Process” which will give you communication tips when you are asking patients certain questions.

Watch the following PBS Frontline Film entitled "Growing Up Trans" (1.5 hours)
<http://www.pbs.org/wgbh/frontline/film/growing-up-trans/>

TED Talk

"How to talk (and listen) to transgender people/Jackson Bird" (6 minutes)
<https://www.youtube.com/watch?v=HbQZ7jAvgol>

LGBT Healthcare Training Video: "To Treat Me, You Have to Know Who I Am": (10 minutes)

<https://www.youtube.com/watch?v=NUhvJgxAac>

Transgender Healthcare Equality: (7 minutes)

<https://www.youtube.com/watch?v=DKKKsu8sv-8>

Defining LGBTQ: (4 minutes)

<https://youtu.be/tRvFj3ugdWU>

Bill Nye Says THREE YEAR OLDS Can Determine Their Gender: (3 minutes)

<https://youtu.be/Rayxew89NyE>

Simulation Scenario:

<https://www.montgomerycollege.edu/academics/departments/nursing-tpss/nursing-simulation-scenario-library.html#simulationstanscenario%20and%20gender%20non-conforming%20identified%20patient%20care>

You will see: Nursing Simulation Scenario Library.

Scroll to the bottom of the list.

Select: Simulation Scenario: Trans and Gender Non-Conforming Identified Patient Care (11 minutes - video and 5 minutes to review forms)

Watch the video.

Review the Transgender Health Forms.

What Are Pronouns? (5 minutes)

<https://www.youtube.com/watch?v=3xpvricekxU>

Vanessa Goes To The Doctor (8.5 minutes)

<https://www.youtube.com/watch?v=S3eDKf3PFRo>

The state of healthcare for LGBTQIA+ patients/Cameron Leakey/TEDx (13.5 minutes)

<https://www.youtube.com/watch?v=Z4rBqytF8Lk>

LGBTIQ+ People Talk About Their Experiences Accessing Health Care (6 minutes)

https://www.youtube.com/watch?v=Q5-7t_qBw14

Understanding Gender Identity in Healthcare (3.5 minutes)

<https://www.youtube.com/watch?v=Q3LmqRPyymA>

We Are Here: A Transgender Training Video for HealthCare Professionals (16 minutes)

<https://www.youtube.com/watch?v=X22w0I-RQkQ>

*NOTE: You are required to write a 1-page reflection (11-point Arial or Calibri font, double-spaced) of what you have learned watching the online videos over the LGBTQIA+ population and how it will impact your nursing practice. You can email Mrs. White the final reflection by **Week 5, Monday by 0830** or any time before that date/time. (30 minutes)

Total Clinical Time: 4 hours

Resources for Health Care Professionals:

CDC:

<https://www.cdc.gov/lgbthealth/health-services.htm>

Center of Excellence for Transgender Health:

<https://prevention.ucsf.edu/transhealth>

Gay and Lesbian Medical Association:

<http://glma.org/>

Lambda Legal:

<https://www.lambdalegal.org/>

Ann & Robert H Lurie Children's Hospital of Chicago:

<https://www.luriechildrens.org/>

Mount Sinai Health System:

<https://www.mountsinai.org/about/lgbt-health/education-and-training>

National Center for Transgender Equality:

<https://transequality.org/>

National League of Nursing:

<https://www.nln.org/education/teaching-resources/professional-development-programsteaching-resourcesace-all/aceplus>

Services and Advocacy for Gay, Lesbian, Bisexual and Transgender Elders (SAGE):

<https://www.sageusa.org/>

Texas Tech University Center for Campus Life: Office of LGBTQIA:

<https://www.depts.ttu.edu/lgbtqia/>

The Fenway Institute: Th National LGBT Health Education Center:

<https://www.lgbtqiahealtheducation.org/>

The Joint Commission:

https://www.jointcommission.org/-/media/tjc/documents/resources/patient-safety-topics/health-equity/lgbtfieldguide_web_linked_verpdf.pdf

The Mazzone Center (LGBT Health and Well-being):

<https://www.mazzonicenter.org/>

World Professional Association for Transgender Health:

<https://www.wpath.org/>