

**Covenant School of Nursing
Instructional Module 1 Learning Guide
Topic: Hygiene**

Learning Goals/Outcomes		
Upon completion of this lesson, you will be able to: <ul style="list-style-type: none">• Explain how personal hygiene relates to health and well-being• Describe factors influencing personal hygiene practices• Discuss different approaches used in maintaining a patient's comfort and safety during hygiene care• Demonstrate nursing skills to promote patient hygiene (such as bathing and foot care)		
Pre-Class Preparation		
Required: <ul style="list-style-type: none">• Read Potter & Perry Fundamentals of Nursing Chapter: Hygiene• Review Power-Point slides <p>Complete the online activity listed in Learning Activities. An average score of 80% on the test with the activity is required prior to class.</p>		
Learning Activities		
Classroom Activities: <ul style="list-style-type: none">• Lecture• Discussion• Bathing video Additional Resources: <ul style="list-style-type: none">• None Laboratory/Clinical Activities: <ul style="list-style-type: none">• Complete bed bath in clinical setting Online/Out of Class <ul style="list-style-type: none">• My Evolve<ul style="list-style-type: none">• Clinical Skills for Nursing Collection<ul style="list-style-type: none">• Course Content<ul style="list-style-type: none">• Essential Collection:<ul style="list-style-type: none">• Performing a Complete/Partial Bedbath• Cleaning Dentures• Performing Nail and Foot Care• Applying stockings• Performing Perineal Care for a Female• Performing Perineal Care for a Male Patient. <p>View Demos and Complete test.</p>		
Evaluation Methods		
<ul style="list-style-type: none">• Exam• Hygiene Clinical		

Texas DEC's	QSEN Competencies
Knowledge II.A,1a, 2b, 3, 4a; IIB, 2,6,7,12; IIC, 3a, 4a, 4b, 6, 8; IID, 1a;IIE, 1a, 1b, 1c, 3b, 4b, 5, 12; IIG,3a; IVB, 3d, IVC, 3a, 8 Clinical Judgments and Behaviors IA, 2; IB, 2a, 3a, 3c, 5a, 5c; IIA, 2a, 2b, 4; IIB, 2, 3b, 5; IIC, 1, 2, 7; IID, 2c, 3b; IIE, 2a, 2b, 4, 6a, 13a; IIF, 1a, 1b, 1c, 5a, 5b; IIG, 1a, 5c; IIIA, 4; IIIB, 1, 2, 3a, 3b; IIIC, 2a; IVB, 1a, 2a; IVC, 2b; IVE, 2b	PCC; T & C, S
IM Student Learning Outcomes	NCLEX Test Plan
2/1;3/3, 4/1; 4/4; 6/6;6/1,8/8	MOC: Basic Care and Comfort; Personal Hygiene MOC: Health Promotion & Maintenance
Concepts	Faculty
Health Promotion Hygiene/ Pathophysiology of Skin and Ptressure Ulcers	M. Foster DNP, RN
Date originated: 06/18/15	Revision Dates: 9/9/16; 12/07/16; 01/10/17;12/06/17;01/21/19;01/31/20/5/14/20 , 01/22

Instructional Module 1 Learning Guide

Topic :Hygiene