

The Art of Pediatric Nursing Practice Questions – Unit 1

A nurse is assisting a group of parents of adolescents to develop skills that will improve communication within the family. The nurse hears one parent state, “My son knows he better do what I say.” Which of the following parenting styles is the parent exhibiting?

- A. Authoritarian
- B. Permissive
- C. Authoritative
- D. Passive

A nurse is preparing to assess a preschool-age child. Which of the following is an appropriate action by the nurse to prepare the child?

- A. Demonstrate the assessment process using a transition object
- B. Use medical terminology to describe what will happen.
- C. Separate the child from the parent during the examination
- D. Keep medical equipment visible to the child

A nurse is preparing a toddler for an intravenous catheter insertion using atraumatic care. Which of the following actions should the nurse take? Select all that apply.

- A. Explain the procedure using the child’s favorite toy
- B. Ask the parents to leave during the procedure
- C. Perform the procedures with the child in the bed
- D. Allow the child to make choices during the procedure
- E. Apply lidocaine and prilocaine cream to three potential insertion sites

The nurse makes sure that a toddler has a teddy bear and that a night-light is on in the hospital room at bedtime. What concept would these nursing actions demonstrate?

- A. Nonmaleficence
- B. Justice
- C. Atraumatic Care
- D. Advocacy

A nurse is presenting a program to a group of new pediatric nurses in a new pediatric practice about families and their structure, including types of families and how families’ function.

A well-educated successful woman who gave birth to twins finds the care they demand overwhelming to her and her husband and calls the pediatrician’s office. Which response by the office nurse to the mother would be most appropriate?

- A. "No amount of preparation can fully prepare prospective parents for an infant's constant and immediate needs, let alone twins. How can I help you?"
- B. "Everyone feels like that. You just need to accept that it's going to be difficult for a while and get as much help as you can. Understand?"
- C. "You should be enjoying the miracle of having twins and that they are fine and healthy. You had a great delivery. What more could you want?"
- D. "Get out of the house whenever you can and put the twins out of your mind for a short period of time, or take a nice long walk to relieve the stress you're feeling."

The newest nurse on the pediatric unit is concerned about promoting family-centered care for the patient she cares for. She is working on an inpatient cancer unit and caring for a 7-year-old with leukemia. Which of the following are important actions for the nurse to consider that will promote family-centered care for the child and family on her unit? Select all that apply.

- A. Striving to empower the family
- B. Purchase toys and clothes for the child
- C. Explore the family's strengths that will support the child
- D. Call the child frequently after discharge to offer support
- E. Assess the families concerns and anxiety
- F. Restrict visitor access to the child
- G. Have a calming influence

Correct Answers:

A nurse is assisting a group of parents of adolescents to develop skills that will improve communication within the family. The nurse hears one parent state, "My son knows he better do what I say." Which of the following parenting styles is the parent exhibiting?

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- E. Nonmaleficence
- F. Justice
- G. Atraumatic Care*
- H. Advocacy

Rationale:

- A. Nonmaleficence is the obligation to minimize or prevent harm; there is no situation present that would require this.
- B. Justice is the concept of fairness and is not applicable to this situation.
- C. Atraumatic care is the provision of therapeutic care in settings, by personnel, and through the use of interventions that eliminate or minimize the psychological and physical distress experienced by children and their families in the health care system. In this case, it is making sure that the toddler has a teddy bear and that a night-light is on to prevent a dark environment.

- D. Advocacy involves ensuring that families are aware of all available health services, adequately informed of treatments and procedures involved in the child's care, and encouraged to change or support existing health care practices.

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- H. "Get out of the house whenever you can and put the twins out of your mind for a short period of time, or take a nice long walk to relieve the stress you're feeling."

Rationale:

- A. No amount of preparation can fully prepare prospective parents for an infant's constant and immediate needs. The entrance of any new member into a household creates stress, but with multiple births, two or more new members must be incorporated into the family at the same time. The problems are obvious. Two infants must be provided with physical care, including feeding, diapering, and all of the purchasing and preparation that accompany the care of any infant. Scheduling becomes crucial, and advancement in development brings new problems and adjustments. The nurse also asks the mother what help she needs by asking an open-ended question.
- B. This statement does not address what the mother is stating and ignores the call for assistance from the nurse. This is nontherapeutic.
- C. The nurse finishes with a closed-ended question requiring only a yes or no answer.
- D. Although exercise and activity are vital for the mother's well-being, the nurse is not paying attention to what the mother is saying, nor is the mother being given a chance to talk.

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- M. Restrict visitor access to the child
- N. Have a calming influence*

References:

- ATI Nursing Education Content Mastery Series Review Module, "RN Nursing Care of Children" Ed.10.0.
- Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). *Wong's essentials of pediatric nursing* (11th ed.). St. Louis, MO: Mosby/Elsevier.