

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: The Art of Pediatric Nursing

| Learning Goals/Outcomes |
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| Upon completion of this lesson, you will be able to: <ul style="list-style-type: none">• Apply elements of family-centered care in the practice setting.• Differentiate between Family Systems Theory, Family Stress Theory, and Developmental Theory.• Differentiate between various types of families and parenting styles.• Identify child and family stressors.• Apply principles of Atraumatic Care to child and family stressors.• Apply guidelines of communicating with children to the pediatric clinical setting. |
| Pre-Class Preparation |
| Recommended: Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). <i>Wong's essentials of pediatric nursing</i> (11th ed.). St. Louis, MO: Mosby/Elsevier. <ul style="list-style-type: none">• Family-Centered Care, pgs. 7-8.• Atraumatic Care, pg. 8.• Definition of Family, pg. 15.• Family Theories, pg. 15-17.• Family Structure, pgs. 18-19.• Parenting Styles, pg. 20-21.• Providing Anticipatory Guidance, pg. 59.• Communicating with Children, pgs. 60-62. |
| Learning Activities |
| Classroom Activities: <ul style="list-style-type: none">• Discussion: How do you apply family-centered care and atraumatic care in the pediatric clinical setting?• Watching several brief videos on family-centered care, parenting styles, and pediatric communication. Laboratory/Clinical Activities: <ul style="list-style-type: none">• Application of the principles of Family-Centered Care and Atraumatic Care to the pediatric patient.• Demonstration of developmentally appropriate communication. Online/Out of Class Activities: <ul style="list-style-type: none">• None |
| Evaluation Methods |
| <ul style="list-style-type: none">• Unit Exam• HESI Specialty Exam: Pediatric Nursing |

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| Texas DECs | QSEN Competencies |
| Knowledge: IIA1a-1b, 3; IIB3, 5; IIC1a, 2a, 8; IVA2; IVC1, 3; IVD1. Clinical Judgment: IIB1; IIC1; IID1; IIE9; IVA1; IVC1a-c; IVD2; IVD6a. | Patient-Centered Care, Teamwork & Collaboration |
| IM Student Learning Outcomes | NCLEX Test Plan |
| 2, 3, 5, 8 | Safe and Effective Care: Management of Care: Advocacy, Collaboration with Interdisciplinary Team, Concepts of Management, Referrals. Health Promotion and Maintenance: Developmental Stages and Transition, Health Promotion/Disease Prevention. Psychosocial Integrity: Coping Mechanisms, Cultural Awareness/Cultural Influences on Health, Family Dynamics, Stress Management, Therapeutic Communication. |
| Concepts | Faculty |
| Care Coordination, Collaboration, Communication | D'Anne White MSN, RN |
| Date originated: May, 2016 | Revision Dates: November, 2016 July, 2016 November, 2017 May, 2018 November, 2019 July, 2020 December, 2020 April, 2021 July, 2021 November, 2021 December, 2022 |