

I never done an escape room activity before, so I wasn't quite sure what to expect. I figured we would be doing a lot of reading and riddles to figure out where keys may be hidden in the room. I wasn't feeling too excited about it at first thinking it was going to be boring and complicated. I was completely wrong on my thoughts and attitude towards the escape room experience I had today. I had fun doing the activity with my group. We were able to laugh and work together so well that I felt everything went smooth even when we got lost a little on what to do next. A few things that I valued out of this experience was the incredible teamwork, communication, positive attitude, and how we had fun during the process. The teamwork was amazing with each one of us. We were able to show our strengths with one another and talked to each other on how or what to try next. We all listened to our ideas that lead us to find the clues faster. I liked that each of us was heard, and we bounce off one another on what to try next. We stayed steady with a bit of anxiety and calmness through it, and I believe it was from the atmosphere the team built as we communicated. I liked how we helped one another when we had a mistake by checking a clue twice with a fresh pair of eyes. I liked that we helped each other and encouraged one another. I liked how I wasn't alone trying to figure out what to do. I was able to talk things out loud and get feedback that helped me know what to do next. I can relate this to a situation on the medical floor by knowing I am not alone in this field that I don't have to do it alone. Being able to ask for help and having that extra hand really helps things go smoothly and less mistakes are made. One important thing is that we may not know everything at that moment but when in doubt have a fresh pair of eyes to look over the situation to get some input to help figure out what to do next. Taking care of a patient takes a team and that is what I got out of today as well that it isn't just one nurse.