

Taylor Hill

## Escape Room Reflection

Today's escape room was a creative way to understand how to work as a team and figure things out, like if we were really in a hospital setting. As Mrs. Whitley explained, in an actual code blue, we would need to figure out the cause of the code, and fast, in order to fix the problem. I have done an escape room before with my family and it was spot on to what you would see and do. I was pleasantly surprised by the intricate details and fun clues that were set up. This activity helps prove that nursing school can be more than sitting in lectures and doing homework. It can be interactive, fun, and inspiring. Before I went into simulation today, I was nervous about forgetting information that I have learned and would slow down my team but that wasn't the case at all. Of course, some of the clues were difficult to figure out but I had all the information I needed to help figure them out. The most difficult thing for me today was rushing. Our team was great at working together and figuring out information, but we rushed and missed certain important information that could have made our time better. Another difficult thing for me was working with new people. The last two modules, I was always put in groups for the whole eight weeks, so we became acquainted, and it was more comfortable. I had never worked with the people in my group specifically before, but I would say it went as good as it could have gone. I could personally work on just jumping in and getting more involved. I was hesitant, especially in the beginning, to just get to work and help. I know in the actual hospital setting there will be no time for hesitation, or I could put my patients at risk. This activity helped me recognize that so I could start working on it. I would say the most valuable lessons we learned in the activity are teamwork and good communication are key, don't be afraid to ask for help, and good judgement can help in a fast-paced environment. Out of the three modules I have been in so far, this has been my favorite activity and I am grateful that I was able to be a part of it.