Guadalupe Carrillo
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Reflection

The escape room was a lot of fun and it was set up well. I have never been in an escape room before and this was a great experience. What I learned from today is that being in a rush caused us to skip steps without knowing. For example we pulled out the foley without gloves and also when we were turning the patient on its side we had no gloves on. Working together was a great part of getting through the escape room and I feel like we all pitched in. We did use some of our nursing skills like assessing and analyzing the clues and the meaning to them. We had to critically think to solve some of the clues which made it even more fun because we had to think underpressure without freaking out and staying calm. This experience reminded me of what nurses might feel like when a patient is coding or is in critical condition. Having these experiences has been amazing and something I would've never thought we would get to do in nursing school.