

Lauren McKinney

Simulation Reflection

Overall, today in SIM was a very interesting and eye opening experiment for me. I think what I valued the most from today is the way my team worked together, but also the activity bringing to light that even though you might be in a rush, doing it right is important. All we worried about was getting the job done, not keeping the patient safe while doing so. That was my biggest take away from today. No matter how big of a rush you are in, it is so important to do the simple things and look at everything. Don't take the short route because it is convenient, do what you know is the right way. The littlest thing, like not cleaning your stethoscope between patients or not checking a lab, could be a potential threat or even cause death of a patient. I truly didn't know what to expect going into the lab today. I have never done an escape room and just know that it is kind of chaotic, I think that is what most of my group was thinking as well. Maybe if we would have gone in with a calmer mindset, we would have thought about doing all the correct procedures and looking at things more closely.