

I thought that the escape room made for a very positive learning environment! We all had to figure out how to work as a team and not think with such a black and white mindset. It took some getting used to figuring out how to lean on each other and use each other's brains to get to our goal, but by the end we were working well together. Even though we didn't finish in time I had a great time. This was such a fun experience and so unique! When they told us that we were going to be doing an escape room I didn't really know what to expect. I had never done one before but after this I want to give it another go! I took a lot of things away from this lab but one of the biggest ones was that in nursing you're never alone. I will always have my team to lean on and to help get through tough situations. In this situation I felt very stressed because I am a very competitive person. I feel like with the added stress my brain wasn't functioning properly and simple things that I should have known were going right over my head. I feel that this is very similar to how things will be at the bedside. When your patient goes down there is going to be a lot of added stress so that is why it is good to have people there to help. I feel like this lab helped with my critical thinking skills as well. Overall, I really loved this lab, we learned a lot and had so much fun! I know that the upcoming classes will enjoy this lab just as much as we did.