

Haven Wisdom

SIM Lab Reflection 12/7/22

The escape room SIM lab was different from what I expected. I expected the students to have to execute nursing skills and assessments correctly to “escape,” whereas it was more based on previous knowledge and clues we find in the room. I really enjoyed the lab experience and feel as if I took away multiple things throughout the lab. The most valuable thing I believe I took away from the lab was teamwork. As we went through the escape room and found the clues and unlocked the boxes, I noticed everyone contributed with different knowledge and skills whereas alone, the escape room would have been very difficult to complete. It took each member of the team to ultimately “escape” and put each of the clues together in a short amount of time. This relates to the hospital setting as every aspect of patient care requires a team. The operating room must effectively use team work, and the patients on the floor have an entire team consisting of doctors, nurses, aids, physical therapists, and many more members to ensure they get proper care and are able to heal during their time in the hospital. Each member of the team would not be successful without the others. I also learned the rapid response numbers which I did not previously know as well as other disaster numbers which will be beneficial in the hospital setting. A few things I believe my team could have done better was focus more on our patient as well as fully reading through our clues better. My team and myself tended to skim over the information we were given with each clue which cost us quite a bit of time and “free” clues. We should have ensured we read all of the information before assuming and moving on which is also applicable in the hospital setting as well. We as nurses should make sure we know all of the facts and data about our patients, especially the most important aspects to ensure their safety and health. We also got carried away with the time running out and tugged the patient's catheter without properly deflating the balloon, which we should not do in the patient care setting. Overall I thought the lab was a lot of fun and I took away several learning opportunities from the escape room.