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IM 8  
Final Clinical Reflection  
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Like the first half of preceptorship, the second half was also great. A lot of things happened during the second half. I got to experience several events and learned many new things which will benefit me. One event that stood out for me was a caring patient who suddenly became unresponsive after we transferred her to the chair. The patient is a hemodialysis patient, and she was admitted due to hypoglycemia. On the day of discharge, she had hemodialysis in the morning, and around 11 am, she returned to the unit and had lunch in her room. While she was eating, my nurse and I went to her room to inform her that we would get ready for discharge after lunch. Then, my nurse and I got prepared for the discharge and printed out discharge information before returning to her room. About 20 minutes later, we returned to her room and provided all the teaching and discharge information. We discontinued her peripheral IV catheter line, heart monitor, and changed her clothes, and got her to sit on the chair to wait for the transportation.

After sitting on the chair for a few minutes, the patient became diaphoretic, so we checked her blood sugar, oxygen saturation level, and blood pressure. All the levels were within normal range except for blood pressure. The blood pressure was low. The patient became lethargic, unresponsive to voice, and barely opened her eyes for us, so my nurse called for help. When the help arrived, we moved her to bed, placed 2 L of oxygen via NC, reconnected to heart monitoring, and started a new peripheral IV line. We were expecting to administer IV boluses, but the physician ordered us to place the patient in a flat supine position. After a while, the patient became more alert, and her breathing pattern and vital signs were within the limit. We continued to monitor the patient throughout the day.

I did not expect this to happen because the patient communicated with us and expressed how excited she was to go home throughout the discharge process. I was anxious when the event occurred and hoped the patient was alright. It was a great learning opportunity for me to see my nurse and other nurses providing care calmly and effectively during stressful situations. One nurse started the IV line, while others connected to a heart monitor, called a physician, checked vital signs, placed oxygen, etc. Regardless of the situation, nurses did what they were supposed to do and stabilized the patient condition. Their performance and teamwork were right on point.