Meagan Britt
December 6, 2022
Make Up Assignment

Medical Case 5: Skyler Hansen

Guided Reflection Questions

1. **How did the scenario make you feel?**
   Although I knew what was going on, I felt like I ended up doing more than I should've, which didn't hurt my grade at all and ultimately helped me feel that all my bases had been covered when providing care to my patient.

2. **What management options would have been appropriate if Skyler Hansen had been alert and could swallow?**
   If Skyler was alert and could swallow, I would have started out with giving him orange juice and some carbohydrates to raise his blood sugar. Other replacement options could include hard candies, glucose tablets/gel, or regular soda.

3. **If Skyler Hansen's acute hypoglycemic episode had not have been treated immediately, what could have happened?**
   If he hadn't received proper treatment, the symptoms could've continued to progress and affect his level of consciousness/orientation, possibly leading to a diabetic coma.

4. **If too much glucose were administered to Skyler Hansen while the health care team was trying to correct his blood glucose level, what could occur?**
   He would've become hyperglycemic and possibly presented with fatigue, weakness, blurred vision, tachycardia, excessive thirst, hunger, and urination.

5. **What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.**
   - S: Mr. Hansen became hypoglycemic after prolonged eating and excessive exercise playing basketball with his friends.
   - B: Skyler is an 18-year-old male that was diagnosed with type 1 diabetes 6 months ago. His friends brought him to the ER after becoming concerned that he hadn't eaten in 5 hours and was pushing himself to hard when they were playing basketball.
   - A: Skyler was given 50mL D5W in water IV push bring his blood sugars close to 200, he was put on a ECG monitor, and his latest VS are as follows: HR:80, RR:13, O2:97%, T:99F, and BP:124/74.
   - R: Frequent blood glucose monitoring and Vital signs

6. **Describe age-appropriate patient teaching for Skyler Hansen and resources that may be helpful to him.**
   Possibly call a case worker to come and talk to him about resources along with myself. We could talk about his daily routine and when he needs to do his glucose checks and eat. Watch Skyler give himself insulin to correct anything that might be being done incorrectly.

© Wolters Kluwer Health | Lippincott Williams & Wilkins

Meagan Britt
December 6, 2022
Make Up Assignment

7. **Discuss confidentiality and legal empowerment of 18-year-old patients such as in Skyler Hansen's case.**
   At the age of 18 you're considered legally capable of making decisions for yourself regarding healthcare. If his situation had been more severe and the parents were needing to be involved, then the patient would need to consent for the parents to be updated on the care he is receiving and to be able to make decisions on his behalf.

8. **What would you do differently if you were to repeat this scenario? How would your patient care change?**
   I would check his glucose sooner than I did. I went through all my assessments and questions before getting a blood glucose and calling the provider to get orders.

Asset Name	Resource Type	Topic	Date Completed	Score
Medical Scenario 5: Skyler Hansen: vSim	vSim	-	Dec 5, 2022 1:55 PM	94%
Medical Scenario 5: Skyler Hansen: Post-Simulation Quiz	vSim	-	Dec 5, 2022 1:37 PM	100%
Medical Scenario 5: Skyler Hansen: Pre-Simulation Quiz	vSim	-	Dec 5, 2022 1:34 PM	100%

© Wolters Kluwer Health | Lippincott Williams & Wilkins