Final Reflection

As I think back upon my preceptorship, I can say I notice changes in my patient care. Having the opportunity to practice nursing skills such as blood draws, medication administration, and dressing changes. Compared to when I first started this preceptorship, I do feel more confident in my ability to provide care to patients. Interacting and conversing with patients and their family members has helped me to see just exactly what it is we do as nurses. It has also helped me put into perspective how the nursing process works, clarifying role responsibilities. Getting to work with two different preceptors was an interesting experience, as I got to see nursing care from two different perspectives and thought processes. Being prepared for changes is just part of being in the medical field, and I'm glad I got to experience it firsthand during my time as a student.

In addition to learning the nursing role, I also got to practice more skills and care for some interesting patients. One of the skills I got to assist and perform with my nurse was blood administration. I went ahead and let my nurse attach it to the patient while I observed and documented. I then charted the vitals during and after the infusion, giving me the chance to see and get some practice with the process. Also getting the opportunity to perform sterile dressing changes some more, helping to reinforce asepsis teaching. Another skill I got to perform was minor wound care on some patients, I had my nurse there talking me through it and giving me pointers on where to improve. I really enjoyed wound care and getting to practice it with my nurse, as I got to place dressings and wrap wounds which is something I needed to practice. Lastly, I gave report a few times to the oncoming night nurse which is a skill I really needed to practice. I admit I was nervous doing it, but my nurse was there with me to fill in any gaps and prompted me with info if I didn't know what to say next.

Overall, I really enjoyed my time doing my preceptorship, and getting to work with a great team of people. I got to practice nursing skills which helped to reinforce what I've learned before going into the profession. I was able to interact with different team members, patients, and patient family member giving me the chance to practice my communication skills. Finally, it helped me to understand what the nurse's role is on the team and how to provide effective care for our patients.