



Student Name: Alexa Pagano

Date: 11/29/22

### Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS:** (Complete using assessment check list and reminders below).

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

0800

Admit diagnosis: left flank pain, left ureteral stone, septic shock with pyelonephritis

General appearance: appears clean and well-kept

**Neurological-sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC: oriented x4

pupil assessment: pupils equal,  
round and reactive to light,

sensation: intact x6

4mm

strength: strong hand grasp bilaterally, toe wiggle

coordination: steady gait, no tremors

Speech: speaks clearly

**Comfort level:** Pain rates at 0 (0-10 scale) Location: —

**Psychological/Social** (affect, interaction with family, friends, staff)

Affect: calm/relaxed, friendly

Interaction with staff is minimal because of language barrier, patient is  
only Spanish speaking and needs an interpreter.

No family or friends at bedside

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and

swallowing) EENT symmetrical

no difficulty swallowing

No drainage of eyes, ears, nose, throat or mouth

Teeth intact

No nodes palpable

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest configuration: symmetrical

depth: no distress

Breath sounds clear

pattern: equal

Respiratory rate: 16

Rhythm: equal

**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

heart sounds: S1, S2

radial and pedal pulse 2+  
bilaterally

apical: 74

radial: 74

pattern: regular

rhythm: regular

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**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) • Bowel habits: hasn't had a BM in 3 days, last was brown and formed  
• abdomen is soft, no bruising or distention  
• bowel sounds active  
• no tenderness to palpation  
Last BM 11/26/22

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) • no urinary frequency or urgency  
• odorless  
• continent, BKP  
• No vaginal bleeding or discharge  
• color: yellow  
• clarity: clear

X2 Urine output (last 24 hrs) - LMP (if applicable) -

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)  
• aligned  
• no deformities  
• posture: stands and sits up straight  
• mobility: no assistance needed, independent  
• gait: steady  
• moves all extremities; coordinated

**Skin** (skin color, temp, texture, turgor, integrity)  
• Skin color appropriate for race  
• Integrity: skin intact  
• Temperature: warm  
• Texture: smooth  
• Turgor: elastic

**Wounds/Dressings**  
• left flank nephrostomy placed 11/24/22 w/ dressing - CDI, and clear, yellow drainage

**Other**  
• has a @ triple lumen subclavian central line - dressing - CDI placed 11/24/22

Adult/Geriatric Medication Worksheet – Current Medications & PRN from 12pm prior day to 12pm current day

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Patient Allergies: NKA

Primary IV fluid and rate: NONE

Patient specific reasoning for IV fluids (including type isotonic, hypotonic, hypertonic):

Generic Name	Dosage with route and schedule	IVP-List diluent solution, volume, and rate of administration IVPB- List concentration and rate of administration	Patient specific therapeutic reasoning	Patient specific teaching with reasoning
Leftoxone (ceftioxime)	2g IVP Daily Reconstituted	Diluent - sterile water 20mL 100 mg/mL Rate: 3-5 minutes	Antimicrobial used for urinary tract infection - pyelonephritis	<ul style="list-style-type: none"> <li>report loose stools, diarrhea, abdominal cramping and vomiting - advise</li> <li>caution if history of penicillin hypersensitivity - cross-reactivity</li> </ul>
Hydrocodone- acetaminophen (NORCO)	5-325mg per tablet PO every 4 hours as needed	—	Analgesic, opioid combo used to relieve moderate to severe pain for pt's kidney stone	<ul style="list-style-type: none"> <li>report any difficulty breathing - can cause respiratory distress</li> <li>may cause dizziness - call don't fall</li> <li>only take when need for pain</li> </ul>