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Guided Reflection Questions for Medical Case 4: Carl Shapiro

Opening Phase
How did the scenario make you feel? I loved this scenario even though I had to redo it a couple of times but it kept me on my toes. It was fun and I enjoyed see what would happen next.

Scenario Analysis Questions*

PCC What could have been the causes of Carl Shapiro's ventricular fibrillation? His lab work Troponin and CK-MB were high, therefore, there is damage to the heart tissue and muscle.

EBP When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly? I did the compressions 30:2. I attached the pads, and shocked efficiently. We did ACLs, looked at the chest rising and falling when giving respirations.

S If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be? Assess the pulse, respirations, heart monitor, determine the rhythm.

PCC What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format. The situation the patient came in, the background of the patient (he coded,) the assessments we did the quality of CPR how long we did it, what was given, and more. I would recommend continuing monitoring of the pt.

Concluding Questions
If Carl Shapiro's family members had been present at the bedside during the arrest, describe what you could have done to support them during this crisis. I would verbalize to them what is occurring if they could step out of the room because we are going to need all hands-on deck.

What would you do differently if you were to repeat this scenario? How would your patient care change?
I would want to catch the change in the heart rhythm sooner, maybe prevent the need for CPR.

The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: http://qsen.org/