

Medical Case 5: Skyler Hansen

Guided Reflection Questions

1. How did the scenario make you feel? I honestly felt calm because I felt like I knew what to do, the main thing was to check the blood sugar and to get a doctor's order to get the patients' blood glucose up.
2. What management options would have been appropriate if Skyler Hansen had been alert and could swallow? If he was able to swallow fast acting carbs would of benefited us more.
3. If Skyler Hansen's acute hypoglycemic episode had not have been treated immediately, what could have happened? He would have remained unconscious and possibly experienced a seizure.
4. If too much glucose were administered to Skyler Hansen while the health care team was trying to correct his blood glucose level, what could occur? If too much was given his blood sugar would have shot up and he would have experienced hyperglycemia. Dry mouth, thirst, large amounts of urine.
5. What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format. I would state the situation where this occurred, his background of having DM, and the assessment I did in order to figure out what was occurring with the patient. I would recommend further patient teaching and continuing giving carbs and protein.
6. Describe age-appropriate patient teaching for Skyler Hansen and resources that may be helpful to him. I would inform the nurse to continue on patient teaching. The situation where this occurred could have been prevent if the teen knew his proper education with insulin and exercising.
7. Discuss confidentiality and legal empowerment of 18-year-old patients such as in Skyler Hansen's case. He is considered an adult, therefore, it would be to his discretion of how we shared our information.
8. What would you do differently if you were to repeat this scenario? How would your patient care change? I would give the protein and carbs faster after starting an IV fluid.