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Midterm reflection paper

Module 8 preceptorship or clinical is very different from what we had in the past modules. Before, we observed the nurse and did basic skills like giving medications and blood draws. Now we are with our preceptor nurse for 12 hours, and for 12 hours shift, we act as primary nurses to care for the patients we were assigned. I was at the med surge nephrology floor for the preceptorship, and on my first day there, I mainly observed how my nurse ran the whole shift and did my orientation checklist to know the unit. The first day was great. I saw my nurse's way of doing skills, assessments, charting, and managing care for each patient. Also, I like that we had the opportunity to review the skills and assessments through watching our nurses.

On the second day, I was given to care for a patient who was admitted due to stomach pain and had a history of alcohol abuse. I was nervous at first, but my nurse guided me throughout my shift, and she made sure I was comfortable. I had the chance to use CIWAR assessment on the patient and gave Ativan medication based on the CIWAR score. I also did hourly and Adult PCS (Q4 assessments) charting on the patient and was amazed by the amount of time it took to chart just one patient. The nurse checked my documentation and gave me feedback on what I did after the end of the shift. The patients on the nephrology floor have mainly kidney diseases and uncontrolled blood sugar levels. Most of them are on dialysis and telemonitoring. The floor also has a few feeding and tracheal tube patients. Throughout the preceptorship, I had many chances to do blood draws, trach care, foley catheter insertion, and different routes of medication administration.

Caring for patients who have different medical issues and needs are challenging. The workload also increased as the number of patients increased after the second day. So, it was hard for me to keep up with everything. However, the nurse always checked on me and reminded me with to do tasks for my patients, so it was helpful. In addition, she was there throughout patient care and taught me how to work effectively. Overall, I enjoyed doing preceptorship on my assigned floor. Everyone was helpful, and I learned many things that will benefit me in my future career.