

## Guided Reflection Questions for Medical Case 2: Jennifer Hoffman

### Opening Questions

How did the scenario make you feel?

- I felt okay with this scenario. I didn't think I did that good but with these scenarios, help with understanding why something needed to be done.

### Scenario Analysis Questions\*

**PCC** What assessment findings would indicate that the patient's condition is worsening?

- If no treatment had been working for the patient some signs of the condition worsening would be continued dyspnea, wheezing, tachypnea, and then evolve into status asthmaticus.

**PCC** When a patient develops a rapid onset of shortness of breath, what are the nurse's immediate priorities?

- Immediate priorities would be to assess airway and apply oxygen then assess lung sounds and chest rise.

**PCC/I** Review Jennifer Hoffman's laboratory results. Identify which results are abnormal and discuss how this relates to her clinical presentation and the disease process.

- Respiration Rate was 30 per minute. Normal range is 12-20. Heart Rate was 115 and normal is 60-100.

### Concluding Questions

What communication techniques are important for an extremely anxious patient who is having difficulty breathing?

- As the patient is struggling to breath, you want to give them simple questions where yes or no would be the answer.

What patient teaching priorities would be important for the patient who has experienced an acute exacerbation of asthma?

- Teach them to try to avoid any irritations or allergies. Teach them to properly use a rescue inhaler and when to go to the emergency department.

What discharge instructions regarding home medications would you provide the patient related to medications to use to alleviate symptoms of an acute asthma attack?

- Most inhaler medications have steroids in them so I would make sure to teach to rinse the mouth out to prevent thrush.

What resources would you recommend for the patient experiencing asthma?

- If there were any community groups with asthma, brochures, and any websites related to living with asthma.

What is the importance of the asthma action plan in managing the care of a patient with asthma?

- It is very important because it is their airway, a major thing needed for life. If the patient cannot breathe, then they are not getting oxygen to anything else.

Mariah Rangel

What would you do differently if you were to repeat this scenario? How would your patient care change?

- I think I would make sure I administer the albuterol and ipratropium first instead of methylprednisolone. I think it would help the patient faster with it being administered first.

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\* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*