

## Guided Reflection Questions for Medical Case 2: Jennifer Hoffman

### Opening Questions

How did the scenario make you feel?

I felt a lot more comfortable with this sim and actually did not have to redo it 😊 this is my first time, I always miss some things here and there but I felt really good about this one. I devised a plan and stayed on track and completed everything I needed to complete and it paid off

### Scenario Analysis Questions\*

**PCC** What assessment findings would indicate that the patient's condition is worsening?

**The patients oxygenation was very low and initially with just O2 the patient did not show any improvement until after I administered the medication. If the patients O2 did not rise even after the interventions , this would indicate it worsening**

**PCC** When a patient develops a rapid onset of shortness of breath, what are the nurse's immediate priorities?

**The priority of the ABCs are airway! Oxygenating the patient, measuring and remeasuring after interventions**

**PCC/I** Review Jennifer Hoffman's laboratory results. Identify which results are abnormal and discuss how this relates to her clinical presentation and the disease process.

**There were no lab results for this patient. The only cues I used were her vital sign readings and spaO2.**

### Concluding Questions

What communication techniques are important for an extremely anxious patient who is having difficulty breathing?

Remain calm while also trying to calm the patient. Make sure to explain everything I am doing to try to improve the condition of the patient and make sure I do patient teaching accordingly.

What patient teaching priorities would be important for the patient who has experienced an acute exacerbation of asthma?

Things the patient should do when an exacerbation occurs , be sure the patient has the needed medication on hand at all times. Teach patient to avoid triggers.

What discharge instructions regarding home medications would you provide the patient related to medications to use to alleviate symptoms of an acute asthma attack?

What resources would you recommend for the patient experiencing asthma?

Maybe a support group of some sort and just patient teaching on signs and symptoms to look out for

What is the importance of the asthma action plan in managing the care of a patient with asthma?

What would you do differently if you were to repeat this scenario? How would your patient care change?

I wouldn't do anything differently . I believe I provided good adequate care to my patient . I am proud of my performance as I said before , I was able to pass this simulation on my first try .

\* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*