

## Patient History Assessment

The examination I have chosen to evaluate is an x-ray image I took on a 9-year-old boy of the hand/wrist. For the exam I took a total of six pictures. First, I started by setting up the room for the x-ray. Second, I went to go get the patient from the exam room by introducing myself and addressing the patient using his last name. I explained that to him and his mom that I was there to take him to get x-rays. Next, we entered the x-ray room and I asked for his name and date of birth. I also, asked mom if there was any chance she could be pregnant. Then I started with an image of the hand. I asked the patient where his hand hurt? What did he do to hurt his hand/wrist. Radiographic images were taken with the hand positioned in anterior posterior, oblique, and lateral. Right away I could tell there was something going on with the radius. With the next few images I was very careful in positioning the patient for the rest of the x-rays. Next, I positioned the wrist for the same exact images that I took of the hand. Finally, all the images were taken and I walked the patient back to the exam room, I thanked them and explained the doctor will be with them shortly.

I ask the patient a few questions during the procedure. First, I introduced my name, addressed him by his name, and told him why I was there to provide clarity and explanation for his mom so she knew where her son was going. Some other questions I asked where how did he hurt his hand? Where did his hand hurt? If he has ever had an x-ray done before? I also, asked during the exam if he was doing okay? I asked these questions for multiple reasons. I asked the first question and second question to ensure I did not hurt the patient or cause any additional damages. I asked the third question to provide comfort for the patient and also to explain to him the exam was an image taken and it would not hurt. I asked the last question to also provide comfort and to make sure simple consent was still given. Additionally, I asked his mom if she

was pregnant? I asked this question to his mom because she was going to be exposed to radiation while standing in the room with her son. If she was pregnant she would need to step out of the room to make sure no radiation could harm the baby. Since, she was not pregnant I provided her with a lead apron. Lastly, I walked them back to the room and thanked them so they would not get lost going back to their room and also it is caring to walk hem back. I thanked them for their time and patients along with allowing me to provide proper care. I told them the doctor would be with shortly to provide clarity and not leave them in a room wondering what to do next.

On a scale of one to ten I believe my patient care skills are a seven. Furthermore, there is always room for improvement when it comes to patient care. I personally need to work on providing information I receive as I did not relay any information back to the radiologist for this exam. Also, I could improve by asking more open-ended questions and taking more patient history.