

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

Initially I felt pretty confident about caring for this patient, but as I started the simulation and the patient started to regress, I started to panic. I was not sure what interventions I needed to do first to address the main problem, but as I continued to go through it, and went through it a second time, I was able to pick up the cues I needed to care for my patient.

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

The patient's heart rate and respirations started to increase rapidly and the patient started to complain of having trouble breathing and like his throat was swelling up.

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reactions.

Mild reactions cause rashes hives or pruritus

Moderate reactions cause s/s such as swelling dyspnea

And severe reactions are very dangerous and life threatening. The throat can swell and the pt can become dizzy

EBP/S Discuss the importance of follow-up assessments post-reaction.

It's important to continuously reassess your pt after a reaction because there can be a delayed reaction and you want to be sure your interventions are working.

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

Allergic reaction should be charted right away and the pt should be given an allergy bracelet, a different antibiotic should be prescribed as well

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

I would try to communicate the situation to the family members and try to keep them calm while taking care of my patient. If they were not able to remain calm I would ask them to step out as we cared for the reaction of the patient.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

I don't think I would do anything differently. It was a good learning experience, I had never given a med and had the pt have a reaction so it was an eye-opening experience.

How could you prepare for clinical to anticipate potential patient emergencies?

Review possible allergies w patient and just try to remain calm as I implemented interventions to reverse the reaction

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*