

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

- I always feel weird when I do these vsims, but they are very helpful in the long run. I know we always do AIDET and ask questions about pain but sometimes I feel like these scenarios are so robotic it throws me off at times.

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

- Difficulty breathing, throat swelling, tachycardia, coughing, anxiety- “something is wrong”.

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reactions.

- Mild to moderate symptoms can be like rashes, itching, coughing, and wheezing. Severe symptoms would be throat swelling, shortness or difficulty of breathing, cyanosis, and hypotension.

EBP/S Discuss the importance of follow-up assessments post-reaction.

- It is very important to follow-up after any reactions because it would not only be the patient’s life but also would make an impact on the nurses. It is our responsibility to follow-up with the patient’s condition and if there is any late reactions.

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

- As stated in the education portion of the vsim, he should make sure to inform all other personnel that he is allergic to ceftriaxone and if it does happen again what helped him before.

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

- I would ask them to step out in the hallway and explain to them that we are learning that he is allergic to ceftriaxone even though he said he was not allergic to anything. We are stopping the medication and giving him Benadryl to help with the allergic reaction along with some steroids and are going to monitor him extensively for any other late reactions he could possibly have. We are watching his breathing and his airway to make sure he is getting adequate oxygenation throughout his body.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

How could you prepare for clinical to anticipate potential patient emergencies?

- I would make sure I do my respiratory assessment and auscultate the lungs. I think I did everything good besides it being a simulation. This prepares me for clinicals because it

could happen to me, and I need to make sure that I have the knowledge to help and not be so flustered if I am in that situation.

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*