Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions
How did the scenario make you feel?
NERVOUS!

Scenario Analysis Questions*
PCC, EBP   What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

His throat felt like it was closing.

PCC, EBP   Discuss the differences between mild, moderate, and severe anaphylactic reactions.

Mild- Allergy reactions like running eyes, itchy and maybe a rash
Moderate- Swelling occurs
Severe- Respiratory and Cardiac system is affected. Throat closing.

EBP/S   Discuss the importance of follow-up assessment's post-reaction.

To ensure that the patient is stable and what was ordered for the reaction had worked.

Concluding Questions
What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?
His new allergy to cephazolin needs to be noted and educated on

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

I would explain the reaction occurred due to the cephazolin and we are doing everything required to treat. I would let them know the common side effects of EPI (tachy) and to notify me if anything occurred.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?
I felt like I did everything well. I auscultated before and after. I changed his position upright for better oxygen flow. I did a respiratory and cardiac assessment after the anaphylactic shock to ensure he was doing well.
How could you prepare for clinical to anticipate potential patient emergencies?
You can prepare by expecting the unexpected and react according to what we are educated on. I did not know the anaphylactic shock would occur, but I knew to stop the medication and notify the provider as soon as it did. Always assess and educate patient after doing anything.