

Surgical Case 2: Stan Checketts

Documentation Assignments

1. Document your focused assessment of Stan Checketts' abdomen.
The abdomen was bloated and tender to touch. His skin was cold and there was decreased skin turgor, as well as hyperactive bowel sounds.
2. Document immediate priority actions related to the treatment of hypovolemic shock.
I started an IV of Isotonic fluid at a bolus of 500ml/30mins.
3. Document the two sets of vital signs (before and after nursing interventions) in the Stan Checketts scenario.
My first assessment: HR 131, BP 108/77, RR 29, O2 90%, and temp was 99F.
My last assessment: HR 161, BP 106/76, RR 28, O2 93%, and temp was 99F.
4. Identify and document key nursing diagnoses for Stan Checketts.
Deficient fluid volume r/t inadequate fluid volume intake.
5. Referring to your feedback log, document the nursing care you provided to Stan Checketts. Include an SBAR note with recommendations reflecting the key assessments the oncoming nurse should be alert to when monitoring Stan Checketts.
Introduced myself, washed hands, got vitals, preformed abdominal assessment, started an IV, placed NG tube, got x-ray, venous blood sample, gave buprenorphine IV for pain and ondansetron IV for nausea, placed a NC to raise O2, reassessed abdomen and pain, patient education, then hand off.

Guided Reflection Questions for Surgical Case 2: Stan Checketts

Opening Questions

How did the scenario make you feel?

I felt great during this scenario! I felt like I was able to apply knowledge from everything I've learned and critically think to come up with a solution.

Scenario Analysis Questions*

PCC/EBP/S When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration?
Skin turgor/headache/nausea

EBP/QI Discuss signs and symptoms of hypovolemic shock.
Hypotension, tachycardia, tachypnea, decrease in LOC, oliguria, cool clammy skin, fatigue, and weakness.

PCC/EBP Discuss assessment and expected findings in a small bowel obstruction.
Abdominal pain, decrease in appetite, constipation, vomiting, inability to have a BM or flatulence, and distended abdomen.

PCC/S/I/EBP What key questions does the nurse ask in an acute abdominal pain assessment?
Have you had changes in your appetite? Have you had any unintentional weight loss or gain? Have you had any trouble swallowing? Are you nauseous or have any episodes of vomiting? Do you have any abdominal pain? Any changes in your bowel patterns? What medications are you taking? Do you drink or smoke?

PCC/EBP/S In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find?
Elevated hematocrit suggestive of dehydration
Elevated pH and HCO₃ is suggestive of metabolic alkalosis

PCC/EBP/S Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube?
pH aspiration: if pH is <5 then placement is correct
X-ray: Picture shows placement

T&C/EBP/S/PCC What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.
S: Stan Checketts presents to the ED with severe abdominal pain, nausea, and vomiting
B: Checketts is a 52-year-old white male. He hasn't urinated since yesterday and has had an increasing stomach pain. He's been vomiting the past few days.
A: Hyperactive bowel sounds with distended and tender abdomen. Skin is cool and clammy with decreased skin turgor.
R: Isotonic IVF, Antiemetic, analgesics, and surgery for small bowel obstruction.

Concluding Questions

What would you do differently if you were to repeat this scenario? How would your patient care change?

I would slow down and really take in the scenario, breaking it apart to make it make more sense to me and to help me retain information that I learned.

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Classes IM7 10/22 Unassigned Result Assigned Result

Asset Name	Resource Type	Topic	Date Completed	Score
Surgical Scenario 2: Stan Checketts: Post-Simulation Quiz	vSim	-	Oct 24, 2022 10:49 AM	100%
Surgical Scenario 2: Stan Checketts: vSim	vSim	-	Oct 24, 2022 10:47 AM	92%
Surgical Scenario 2: Stan Checketts: Pre-Simulation Quiz	vSim	-	Oct 24, 2022 10:33 AM	100%