

Cori Wright

SIM Week 2 Reflection

I really enjoyed the escape room in SIM today. It made me realize you have to look at everything, and think about all the different ways to solve a problem. I also think this activity was great for team building. The part about BLS kind of stumped me, because I really haven't thought too much about chest compressions since I renewed my certification. I was a little apprehensive when we were told it was an escape room. I have never done one of those before, so I had no clue what to expect. I have to say, I think I got put into a great group. It does make me feel a little dumb being around a group like this who is very smart, and really knows what they're doing. But it is also encouraging being around a group like this.

Overall, I had a lot of fun. I think this activity put a little pressure on us students because of the timer, and I think it gave us a very tiny taste of what a code might feel like. I'm confident that as I grow in my nursing education that the calmness will come. As I gain more knowledge and understanding about why disease processes happen, I will feel a little more in control when I am in charge of actual patients. I also really appreciated the clarification about the removal of a urinary cath.