

## Midterm Reflection

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CSON-IM8

During my last few clinical rotations, I learned so much and got a lot of hands-on experience being the nurse. I took all my nurse's patients and took charge from the beginning of the shift until the end. There were some things I did not know just yet, but my nurse never left me hanging and always helped me when I needed it. There was one incident where I tried working through it by myself before I finally had to look to my nurse for help. It involved a glass acetaminophen bottle and it not wanting to flow correctly.

I had a patient who had scheduled Ofirmev for pain every couple of hours. My nurse and I got the medication from the pyxis, and I spiked and primed the tubing. We headed to my patient's room, and I did all the necessary things before programming the IV pump. After starting the Ofrimev on the pump I pressed start and looked at the chamber for a couple of drips before leaving my patient's room. A minute had gone by, and I noticed it was not dripping but the primary fluids were. I tried opening the chamber valve on the Ofirmev and it didn't help. I finally looked to my nurse for help because I started to get very nervous, and I was getting super discouraged thinking that the family was going to think I did not know what I was doing. My nurse assured me that this is a common occurrence and that she had a little trick she uses to help her fix this problem.

My nurse went on to tell me to close and open the valve again and then clamp my primary fluids. After doing that I open and closed the valve again and the Ofirmev started flowing and I saw the bubbles start moving in the glass bottle. She then told me to unclamp my

primary fluids and that it should be working correctly. After that, I felt more confident every time I went in to give her the Ofirmev because I knew how to troubleshoot the problem now. The next day, when we got to work the night shift nurse told me she had spent 30 minutes in the patient's room trying to get the Ofirmev to work but couldn't. I confidently told her I could show her a little trick and went on to show her. She was amazed at how it worked and thanked us for showing her.

I feel like sharing your tips and tricks and working as a team can really change how a floor works and how well the staff works together. I feel like I have grown into a better nurse since my first clinical rotation in this module. My nurse helping and teaching me so many different things has made me more confident in myself to eventually start doing things on my own. I feel like feeling a little nervous is normal because it shows that you care about doing things the correct way and are always open to learning more things. In nursing, you can always learn new things every day if you are willing to.