

Medication Work Sheet - Page 1

Allergies: Aspirin, Simvastatin

Student Name: Megan Hennig

Primary IV Fluid and Infusion Rate	Circle Primary IVF Type	Rationale for IVF choice	Lab Values to Assess	Contraindications/Complications
Sodium Chloride 0.9% 50 mL/hr	Isotonic	Flush toxins from the body	CK	Swelling, irritation, shortness of breath, trouble swallowing or breathing

Generic Name	Pharmacologic Classification	Dose, Route & Schedule	Correct Dose? If no, what is correct?	If IVPB, list rate & appropriate infusion time frame	Therapeutic Reason	Adverse Reactions	Appropriate nursing assessment, teaching, & interventions (Precautions/ Contraindications, Etc.)
Allopurinol (Zyloprim)	Xanthine oxidase inhibitors	300 mg tab PO daily	Y		Gout	Hypersensitivity syndrome	<ol style="list-style-type: none"> 1. Report any sudden rashes as it is a symptom of hypersensitivity syndrome 2. Assess patient's temperature 3. Report any N/V, diarrhea, or abdominal discomfort 4. May cause dizziness and headache, call for help
Apixaban (Eliquis)	Anticoagulant	5 mg tab PO BID	Y		Prevention of DVT	Black box warning: increased risk of blood clots after suddenly stopping	<ol style="list-style-type: none"> 1. Monitor for bleeding 2. Monitor platelet Count 3. Report bleeding of gums, nose bleeds, or easy bruising 4. Report any blood in urine or stool
Azelastine (Astepro)	Antihistamine	0.1% nasal spray 1 spray in each nare BID	Y		Decongestant		<ol style="list-style-type: none"> 1. Do not blow your nose for a few minutes 2. can cause drowsiness, call for help 3. Report any s/s of ear infection immediately 4. Avoid drinking alcohol
Carvedilol (Coreg)	Beta and Alpha Blocker	25 mg tab PO BID with breakfast and dinner	Y		Hypertension, Angina, Cardiac Dysrhythmias, Myocardial Infarction	Bradycardia, AV heart block, heart failure, rebound cardiac excitation	<ol style="list-style-type: none"> 1. Never abruptly stop taking this medication 2. Assess/monitor blood pressure and pulse 3. Do not administer if HR is less than 60 4. May cause weakness, call for help

Cetirizine (Zyrtec)	Antihistamine	10 mg tab PO daily	Y		Decongestant		<ol style="list-style-type: none"> 1. May cause dizziness and fatigue, call for help 2. May cause N/V, better to take with food 3. Avoid drinking alcohol 4. Report any meds currently taking that may cause fatigue
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Generic Name	Pharmacologic Classification	Dose, Route & Schedule	Correct Dose? If no, what is correct?	If IVPB, list rate & appropriate infusion time frame	Therapeutic Reason	Adverse Reactions	Appropriate nursing assessment, teaching, & interventions (Precautions/ Contraindications, Etc.)
DULoxetine (Cymbalta) DR	Antidepressant	60 mg cap PO daily	Y		Depression	Liver Toxicity	<ol style="list-style-type: none"> 1. Avoid taking with monoamine oxidase inhibitors 2. May cause headaches and dizziness, call for help 3. Stay hydrated with water 4. Comply with regular follow-up appointments so effectiveness may be checked.
Liothyronine (Cytomel)	Antithyroid	25 mcg tab PO daily	Y		Hypothyroidism	Thyrotoxicosis	<ol style="list-style-type: none"> 1. Notify physician if S/S of tachycardia, angina, tremor, nervousness, insomnia, hyperthermia, sweating 2. Avoid using to treat obesity/weight problems 3. May cause muscle weakness, call for help 4. Do not change brands or change to a generic without consulting HCP first, all do not have same effect.
Sacubitril-Valsartan (Entresto)	Angiotensin Receptor Neprilysin Inhibitor	24-26 mg tab PO BID	Y		Blood Pressure	If diabetic, do not use together with any med that contains Aliskiren	<ol style="list-style-type: none"> 1. Monitor B/P, may cause a hypotension 2. Report to HCP if ever had liver disease, hereditary angioedema or on a low-salt diet 3. Monitor B/P and kidney function 4. Do not use potassium supplements or salt substitutes
Spirolactone (Aldactone)	Diuretic (Potassium Sparing)	25 mg tab PO BID at 0800 and 1600	Y		Hypertension Severe heart failure	Hyperkalemia	<ol style="list-style-type: none"> 1. Monitor potassium and sodium levels 2. Report any muscle cramps/weakness 3. Avoid potassium rich foods 4. Avoid during pregnancy

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