

## Pediatric Case 4: Sabina Vasquez (Complex)

### Guided Reflection Questions

#### Opening Questions

How did the simulated experience of Sabina Vasquez's case make you feel?

I felt nervous at first and a bit all over the place. I was checking vital signs throughout the simulation and giving medications spread out because I was nervous and overthinking everything. I know I wouldn't have done it in the order I did in the simulation in real life because I know to check name and allergies, but I got flustered when doing the online activity and missed many steps.

Describe the actions you felt went well in this scenario.

I was thorough with checking vital signs and making sure her O2 levels were staying above 92%. I tried my best to make her comfortable and help her breathe better. I learned how to be more organized throughout the simulation. I redid it multiple times until I got a 100 because I wanted to make sure I didn't miss anything.

#### Scenario Analysis Questions\*

**EBP** List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

1. Check respirations and lung sounds
2. Use pulse ox to check oxygen saturation
3. Assess blood pressure
4. Identify patient and allergies
5. Administered prescribed medication
6. Educate the patient and family
7. Make sure the patient is comfortable before leaving

**EBP** What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?

She could be at risk for impaired tissue perfusion if she goes into respiratory distress.

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\* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

**PCC** What actions should be taken to ensure the delivery of appropriate information to Sabina Vasquez's mother?

**Her mother seemed to be Spanish speaking so I believe there should have been an option to get an interpreter just in case she didn't fully understand English or in case she was more comfortable hearing the education in Spanish.**

**PCC** Recognizing the acuity of the situation, how would you include Sabina Vasquez and her mother in the decision-making process?

**Sabrina is at the age where she can make some small decisions herself, such as what order she wants to take her medication and if she wants help or if she feels like she can do it herself. Her mom will be able to help with the nebulizer since that is a little more difficult to administer than the pills. Sabrina can hold the nebulizer if she would like and the mom can provide comfort and support to her daughter during medication administration.**

**S/QI** Reflect on ways to improve safety and quality of care based on your experience with Sabina Vasquez's case.

**I would help improve her care by educating her and her family. I would educate her mom on how to spot the signs of an exacerbation as soon as it starts happening and educate on cleaning the home, getting rid of as many allergens as she can, avoiding pets if possible, and always keeping an inhaler around just in case.**

**T&C/I** What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

**I would include the patient's name, reason for being in the hospital, and her symptoms. Then I would include her previous history, age, weight, her most recent respiratory assessment and how she is feeling, and I would recommend getting more lab work since her previous labs were abnormal and she needs some updated bloodwork.**

**QI** As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

**Sabrina and her family need to be taught about the importance of taking all antibiotics, even when she starts feeling better. The need to have education on how to administer a nebulizer and make sure they know how to use the inhaler correctly. I would educate on vaccines and make sure Sabrina's mom know what signs to look for with exacerbations of asthma.**

### Concluding Questions

Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

Yes, I would be more organized, ask name, date of birth, and allergies right away, I would check her vital signs, then do a respiratory assessment, and then give the prescribed medication instead of breaking it up. It seems unprofessional but also it is dangerous to give medications before checking all vital signs.

Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.

It taught me that being nervous and all over the place is not good when it comes to nursing. It made me realize that I need to take a step back, breathe, and remind myself that I know how to evaluate a patient and administer medication. I will apply this learning to real patient experiences by knowing that I need to evaluate before doing anything else. I will assess airway and breathing, then check the vital signs, and then administer medication needed. Having a game plan in my head will help me be more organized and even though we can never predict everything that will happen in a patient's room, it will help me be more confident and steady paced.