Pediatric Case 4: Sabina Vasquez (Complex)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Sabina Vasquez's case make you feel?

It took me a couple times to get used to where everything was and get comfortable. After that I felt good.

Describe the actions you felt went well in this scenario.

I think that pretty much everything went well in the simulation, other than I forgot to listen to the back of her lungs because I did not know how to do that.

Scenario Analysis Questions[1]

EBP List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

1. vital signs
2. assessment
3. medications
4. reassess
5. call doctor

EBP What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?

She can become extremely hypoxic. Damage can happen to her lungs if she is not treated.

PCC What actions should be taken to ensure the delivery of appropriate information to Sabina Vasquez's mother?

You can ask her mom to teach back to you.

PCC Recognizing the acuity of the situation, how would you include Sabina Vasquez and her mother in the decision-making process?

1 *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: http://qsen.org/*

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I would let them know what the doctor orders were and ask them if they had any questions. I would ask to see if she wanted to drink juice or water, since she needs to be diligent about drinking liquids. I don't really know how else you could have them be involved in the decision process, because if something goes wrong there is no help to make a decision on.

S/QI Reflect on ways to improve safety and quality of care based on your experience with Sabina Vasquez's case.

I don't really know ways to improve the safety and quality of care of this simulation. I feel like it went smoothly.

T&C/I What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

That they do not know why her asthma acts up. The albuterol treat was not helping with her symptoms. She had to be put on an oxygen mask to get her saterations up.

QI As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

They need to be taught how to properly administer her nebulizer and inhaler medicines. She needs to be taught how to use a peak flow spirometer and the interventions that go with it.

Concluding Questions

Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

I do not think I would do anything different.

Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.

I would really memorize the doctor's orders, it would forget it easily and would have to constantly go back to the orders to remember what to do.

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