

Sim Reflection – Leslie Boatman

I enjoyed my time in the sim lab this week more than I ever have before. I liked trying to figure out the best plan of action for my patient and deciding in what order should I give treatment based off of what they were experiencing. This is not a skill that always comes naturally to me, so it is always good for me to practice. I also thought it was good to watch my peers interact with their patients because it helped me determine what I would do differently, and what I would do the same. It is nice to be able to apply what we have learned about critical thinking in a simulation experience where it is okay to do the wrong thing because no one dies, and you can learn from what you did wrong for your next experience. I enjoyed Ms. Thomas' part of sim because it is always a good reminder to make sure you are following safety protocols. It is easy to fall into bad habits when you've been working in the hospital for a while. You might forget to check your patient's room before you leave. This might leave them at risk if their bed rails are down or if they do not have their call light close enough to reach. So, this was a nice reminder to make sure your patient is always safe before leaving the room. I liked Ms. Kensing's part of sim because it helped me understand what is important to look for with patients who have just gotten out of surgery. Sometimes I find it hard to pick out the important information from a list of everything that is going on with a patient. It was nice to have Ms. Kensing explain why some things are more important than others and what labs are normal for a post-opt patient. In the past modules, I have been stressed during sim because even though I was usually well prepared for what we would be doing, I would still feel like whatever skills we were learning were way over my head. It was nice to come to sim without having to do too much preparation and leave feeling like I learned a lot without being stressed the entire time. I appreciate that the teachers take the time to thoroughly explain the reasoning behind the answers to critical questions. It does not help our critical thinking if we know the answer, but we do not know the reason why it is the answer, which I think is why a lot of us struggled in module two.