

Simulation Reflection

I thought the simulation experience this week was very valuable because it made me critically think about a given scenario and decide what information was the most relevant in order to keep the patient safe. I learned about prioritization with patients and picking out details that indicate they need to be seen first. I also learned about picking out the cues that are most relevant to the patient's situation and diagnosis to break down what is going on or what we would want to pay close attention to that is trending. This is very important because recognizing these cues could save someone's life. I really enjoyed doing the practice CPE as well as watching my other classmates think through their scenario. I was able to point out some information that could have been dangerous to my patient such as not giving an oral medication when they were NPO and nauseous. I learned a lot by reading through the scenario and applying what I learned from the patient's profile to the bedside as that is what we will have to do in a real-life situation. I also learned about the safety and importance of the patient's room with tasks such as making sure bed rails are up, needles are disposed in the sharps, and dirty towels are disposed of. I expected simulation to be similar as it was in other modules where we are just practicing skills and using them hands on for the first time, but I thought that working on critical thinking skills in a simulated bedside experience was much more valuable. I think so far this module all of these activities using clinical judgment and thinking has really helped me grow as a student nurse in taking care of patients, and even just answering test questions. I really enjoyed this week's clinical experience and I look forward to learning more from the instructors during this module.