

This week for SIM, I feel like I was able to become more confident in my nursing skills and overall critical thinking abilities when it came to determining what was important in the decisions I needed to make. By being given different realistic scenarios, I believe we were given the opportunity to put the information we know into a perspective we would be able to see us doing rather than just hearing possibilities. When doing our practice CPE, I was really stressed even though I knew it wasn't graded, that I could tell I wasn't believing in myself. I feel like being able to walk through the scenario and being told the correct steps and getting confirmation in what I was doing was right, really helped me become comfortable and see that I am more intelligent than I assume. I learned how to correctly approach patients when it came to different questions they could possibly have and how to properly handle those situations in multiple ways. When going into SIM, I assumed we would just be discussing different patient care scenarios, but when we got to take care of the patient, I found it way more beneficial. Hearing all the different perspectives from the other students within my group also helped, because things I wouldn't have paid attention to, they did and then we were all able to discuss why we would or wouldn't necessarily need to which led to a better understanding from all of us. I really appreciate how realistic all our educators are and how they give us different tips that we will need for our future careers. I feel as though the SIM lab was a great experience and I always learn many great lessons when I am there. Overall, I feel like this SIM week was very well-needed and beneficial to my nursing education career.