

Guided Reflection Questions for Medical Case 4: Carl Shapiro

Opening Phase

How did the scenario make you feel? **I felt so nervous and scared. I was talking to the patient one moment and I was looking for a button so when I turned back to look at the screen and saw him not breathing, I was shocked.**

Scenario Analysis Questions*

- PCC** What could have been the causes of Carl Shapiro's ventricular fibrillation? **If the patient had a history of heart disease and smoking. Electrolyte imbalances can also cause dysrhythmias.**
- EBP** When performing CPR for Carl Shapiro, what are quality indicators you are performing resuscitation correctly? **You will see minimal chest rise and the patient has return of spontaneous breathing. You want to make sure your compressions are at the correct rate and depth for proper CPR.**
- S** If Carl Shapiro would have had return of spontaneous circulation (ROSC), what would your next interventions be? **Continue to give oxygen, maintain stability, and discuss with the provider for any new orders.**
- PCC** What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format. **The patient is a 54yr old male admitted for chest pain. Patient treated with nitro x 2. Upon my assessment the patient denied chest pain at the time but stated it felt like an elephant was sitting on his chest and radiates to his arm. The patient went into V-fib and the code team was called. CPR was initiated while AED was being set up. The patient was shocked x1 before CPR was started again before spontaneous ROSC. Patient is doing well now and has not had another episode of V-fib. I recommend monitoring the patient closely with frequent vital checks and continuous EKG monitoring.**

Concluding Questions

If Carl Shapiro's family members had been present at the bedside during the arrest, describe what you could have done to support them during this crisis.

What would you do differently if you were to repeat this scenario? How would your patient care change? **I would have started up the AED first. I forgot this step and I stopped CPR then activated the AED. It must charge up first which can take a minute, but you don't want to not continue CPR during that time. I should have activated the AED and once it said ready to shock, stopped CPR and cleared everyone before the shock.**

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>