

Mya Flores

Midterm Reflection

9/11/2022

Being halfway through my preceptor hours I didn't think I would have accomplished as much as I have already accomplished in the ED. I have seen my first 3 codes, done CPR all 3 times, I have done many skills such as numerous IV sticks, foleys, NG/OG tube insertion, triage, admission assessments and report to other nurses. In doing so, I have begun to gain some confidence when it comes to patient care, but I know I still have a lot more work to do and will continue to gain more confidence each patient I see and each shift I complete. As far as the downsides of my preceptorship so far, I haven't experienced many. I have realized that I need to be more confident in my nursing and ask more questions, even if they may be silly. I also realized that when it comes to the ED documenting, the nurse tends to document a lot of notes in their own words and when I would attempt to, I would second guess myself and question if I'm adding too much or not adding enough to my note, so I am hoping to get better and gain more confidence when it comes to documentation. My love for the ED over these past 5 shifts has grown immensely. Through the good and the bad moments, I stand confident in my decision to start my nursing career in the ED. I have also realized I need better shoes because the walking in the ED is no joke!