

<p>Step 1 Description</p> <p>Before Module 8, I remember always hearing about preceptorship and I would always wonder how that worked. For this module, I received my preceptorship on South 5 which is the Intermediate floor that includes telemetry. This choice was based off of the floors that interested us students. Basically, we are put with a preceptor for 10 shifts and work alongside with them and learn. As each shift goes by, we tackle one patient until we are doing all 4/5 patients. These shifts include patient care, medications, charting, educating the patient; basically everything that an RN does. This also helps prepare us. Also, as each day goes by the RN also tells us how we can improve.</p>	<p>Step 4 Analysis</p> <p>Ncbi.nim.nih.gov states the following about clinical experience for a nurse: "Learning in the clinical setting is crucial for becoming a competent nurse." (ncbi.gov, 2019). Also, ncbi states the following: " learning in the clinical setting can help design, supervise and evaluate individual learning trajectories." (ncbi.gov, 2019). I truly do feel that having that hands on experience helps a lot. Also, seeing that research has been conducted really helps put this all into perspective that each nurse needs to have these hands on learning experiences to be able to help take care of your patients.</p>
<p>Step 2 Feelings</p> <p>At the beginning, I was excited but at the same time just a little nervous how it would all come together. I was also eager to learn and actually tackle the full patient load that a nurse normally does. As each day would go by, I would wonder if I would be able to handle one more patient added to the day. What helps a lot is that you have your preceptor beside you, giving you teaching moments ,and showing you what to do. By having a preceptor with you, it does make you feel more comfortable. Also, giving yourself a little grace that you can do it does help and I feel like that is a very important feeling to have.</p>	<p>Step 5 Conclusion</p> <p>Overall, everything has been good with the preceptorship. I think that what I have learned is that to have a little grace with myself and keep striving to do better each time. There is always room for improvement and learning moments. Also, I feel like experience and doing hands on skills over and over again helps as well.</p>
<p>Step 3 Evaluation</p> <p>What is good about the event is that you are learning and actually able to do things hands on. Another thing that is nice is that you are with the same preceptor that already knows how you learn. There isn't anything that is bad about this experience, I personally think that it has been a good experience. I feel that what has been good is being able to build on the things that you are learning. I think one of the things that was difficult is on day 5. That day I was confident with starting a blood draw and unfortunately missed and I was unable to get a successful one and I did feel a little discouraged that day and kind of embarrassed. Also, on the same day I did have a little trouble drawing up Rocephin due to the pressure in the vial and the medication kind of leaked. With this incident, I did expect different outcomes opposite to this. Overall, everything has been going good including team work and being able to help take care of patients.</p>	<p>Step 6 Action Plan</p> <p>Overall, this situation has been going good. Lots of learning and hands on experiences which is good. Also, you start learning time management which has been good along with prioritizing certain things. I think what I have learned is to always keep going and have grace with yourself and keep striving to give the best patient care you can. I also feel that having this experience will help you to keep learning and you can use this for future events.</p>

### References

Stoffels M, Peerdeman SM, Daelmans HEM, Ket JCF, Kusurkar RA. How do undergraduate nursing students learn in the hospital setting? A scoping review of conceptualisations, operationalisations and learning activities. *BMJ Open*. 2019 Dec 8;9(12):e029397. doi: 10.1136/bmjopen-2019-029397. PMID: 31818833; PMCID: PMC6924761.