

Pediatric Case 5: Charlie Snow

Documentation Assignments

- Document your initial focused assessment of Charlie Snow.**

Initial focused assessment on Charlie Snow would be a respiratory focused assessment due to his difficulty breathing and low pulse oximetry reading.
- Identify and document key nursing diagnoses for Charlie Snow.**

One nursing diagnoses can include impaired gas exchange, I believe this would be my first diagnosis as Charlie is currently experiencing trouble breathing. My second nursing diagnosis would be decreased cardiac output due to the affects of blood pressure change in an active anaphylaxis reaction. My final nursing diagnosis would include deficient knowledge in both the child and caregivers. Since the child is not with his parents and currently resides with his aunt and uncle who may have not been educated properly on managing his allergic reaction I would provide proper knowledge to both Charlie and his aunt and uncle.
- Referring to your feedback log, document the nursing care you provided and Charlie Snow's response.**
 - I was able to obtain vital signs on Charlie when he was admitted and before I passed him off to another HCP, Charlie responded well and allowed me to obtain vital signs.
 - I asked Charlie about his pain and any difficulty breathing, Charlie communicated his problems well without any discrepencies.
 - I changed Charlie's nasal cannula to a nonrebreather mask and sat him a semi-fowlers position and he responded well as he stopped coughing and his pulse oximetry was >94%.
 - I assessed Charlie's IV site to ensure it was working properly to inject the medications the provider ordered. Charlie seemed anxious at first worrying that it was going to hurt, but after communication he allowed me to assess the site.
 - Administered the medications via provider's order and Charlie allowed me to inject all of them.
- Document the patient teaching that you would provide before discharge.**
 - Patient teaching to Charlie would include communicating appropriate food choices to avoid another anaphylaxis reaction due to peanuts. Foods to avoid would include fast food, anything with the use of peanut oil, baked goods with nuts, and avoiding cross-contamination foods. I would provide patient teach back and test Charlie's knowledge by providng food options and ensuring he picks the correct food.

- Teaching before discharge would also include to the aunt and uncle as they are the main caregivers to Charlie and may not have all of the information. I would include information sheets, but also talk about what to do in case another situation like this arises. This would include teaching to use the EpiPen for treatment of an anaphylactic reaction especially when trouble of breathing occurs, and then to call 911 or to take him to the doctor immediately.