

Guided Reflection Questions for Surgical Case 2: Stan Checketts

Opening Questions

How did the scenario make you feel?

I felt more relaxed during this scenario than I did with the first. I was confused a few times but I ended up getting an 80% on my first try.

Scenario Analysis Questions*

PCC/EBP/S When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration?

-Mucous membranes

-Color of urine/urine output

-Skin turgor

EBP/QI Discuss signs and symptoms of hypovolemic shock.

Low BP, High HR, rapid shallow respirations, decreased urine output, confusion

PCC/EBP Discuss assessment and expected findings in a small bowel obstruction.

Hyperactive bowel sounds, abdominal cramping, inability to pass stool or gas

PCC/S/I/EBP What key questions does the nurse ask in an acute abdominal pain assessment?

Do you have abd. Tenderness? When was your last bowel movement?

Patient history. Ask patient to describe and rate the pain.

PCC/EBP/S In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find?

I can't remember all of them but there were a bunch of abnormal levels such as his sodium, creatinine, white blood cell count, hemoglobin.

PCC/EBP/S Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube?

-X-ray is the most accurate way

T&C/EBP/S/PCC What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.

Pt. is a 52 y/o male C/O severe abd. Pain with N/V that has lasted for 2 days. The pt.'s abdomen is distended and tender. Pt. is showing s/s of dehydration and possible hypovolemic shock.

Concluding Questions

What would you do differently if you were to repeat this scenario? How would your patient care change?

I wish I would've paid more attention to lab values. I couldn't find the button that asks the pt. if he had nausea so I wasn't able to give the Zofran.

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*